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MARTLET

Thursday, September 21, 2006 | The University of Victoria's Independent Newspaper | www.martlet.ca | Volume 59, Issue 7

ZEN AND THE ART OF WINDSURFING

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WILLIE LI PHOTO ILLUSTRATION

NEWS

Felicita's costly renovations

UVic's plan for the future

ARTS

Rockabilly raises the roof

SATCo begins new season

Felicita's gets a quarter-million-dollar facelift

by Deena Kinarthy

The total costs of the Felicita's Pub renovations were revealed this month, and the first major changes to the campus pub in 10 years are receiving mixed reviews from students and staff.

It's a project that has cost the students of UVic a significant chunk of change. The budget estimated construction and design fees at $271,600. New LCD flat screen and widescreen plasma TVs cost $18,692 and sound and lighting equipment was about $2,812. The total price of the pub's transformation was $297,154.

Renovation work took place over the summer and finished just before school began.

CHF Contracting and Island Flooring worked under a tight deadline and over the long weekend to finish their job on time.

"It was in need of a change ... more and more people are using it, and so we wanted to give them something back by investing in it," said Mark Chandler, University of Victoria Students' Society (UVSS) director of services. The idea of upgrading the pub had floated around for years but was finally voted into action by the UVSS board of directors at a committee meeting last spring.

Developed by Warner James Architects and designer Fran Willis, the changes to the pub aimed to create a brighter, more welcoming atmosphere, a better spatial flow and included upgrades and increased electrical capabilities.

The project drew on funds from student fees, using the Major Capital Fund, which is available for such renovation projects.

"Since the whole scandal with Vertigo ... there was basically a freeze on the major expenditures, but that fund has been able to grow," said Dale Robertson, manager of UVSS Business Operations. "That [fund] has been basically untouchable for the last four or five years. It is in a very healthy position."

The UVSS has used the money to redesign the pub's entire layout, including the seating, bar and entertainment areas. They have added permanent booths and cushioned chairs, a new bar with three service stations, a raised stage for bands and performers, and state-of-the-art sound equipment. Along with the new televisions, there's also a small dance floor, a new pool table, a bright red and turquoise colour scheme and new carpets.

PHOTOS COURTESY OF MARK CHANDLER

Left: Felicita's bar during renovations. Right: The finished product.

Many students are unsure whether it was worth the money, saying the pub basically looks the same as before. Others were excited about the changes. Still, some students said they think the UVSS should have invested the money in Vertigo, a nightclub in the SUB that has long been under-used. Second-year student Laura Pawe was among those who really wanted to see Vertigo improved.

"[The money] could have been better used," said Pawe. "They should have knocked down the wall between Felicita's and Vertigo ... they should have expanded it."

But Robertson said student attendance at the pub this September is at an all-time high. September is typically a time of year that is much slower for Felicita's, but lunch business in the first week has already improved.

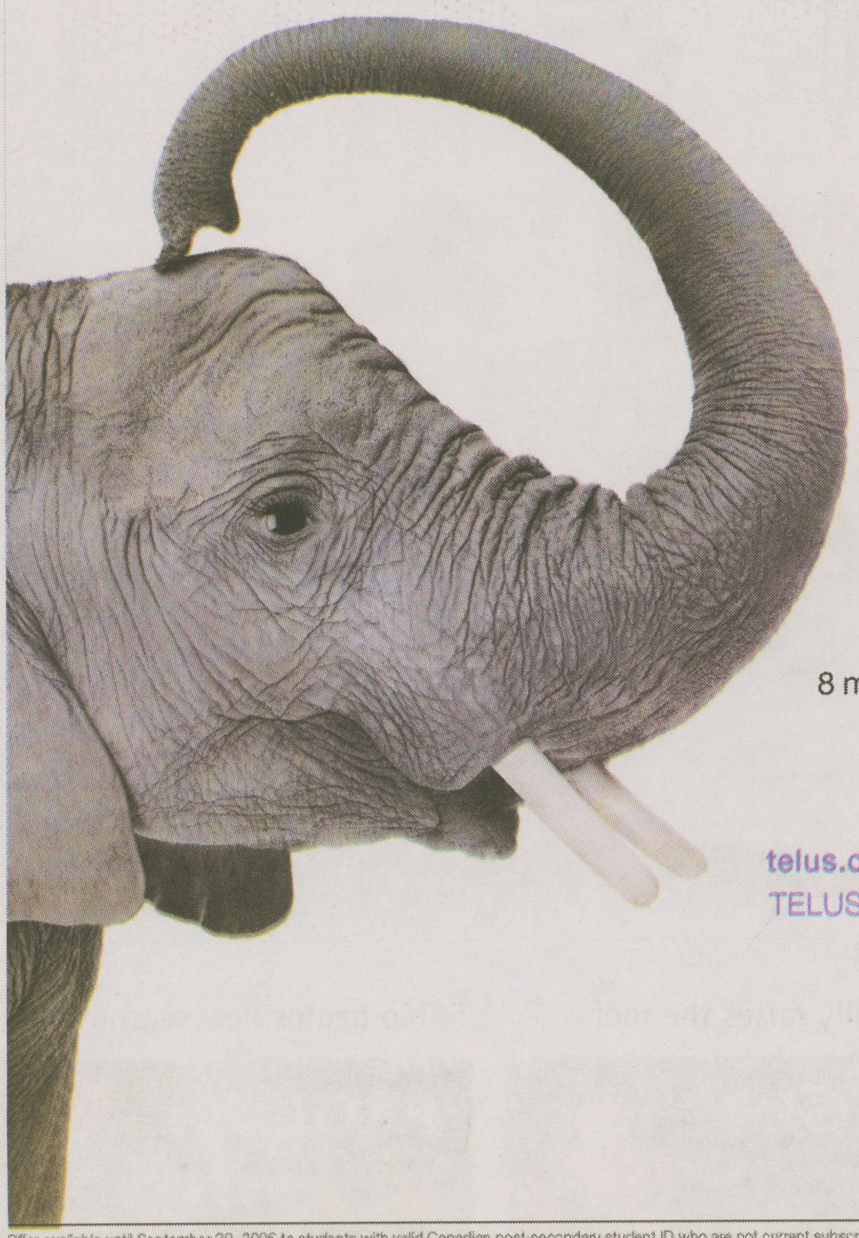
The renovation has created new jobs, according to Robertson. This year they have hired a new bar manager, an extra bartender and two new servers. With three bars, service is also 33 per cent faster than before, Robertson said. The pub capacity remains the same.

But even detractors think the new set-up is better. "You don't have to wait as long at the bar," said Pawe.

From a security perspective, Marcel, the bouncer, concedes that the increase in student attendance may make his job a little harder but as far as he's concerned, "it's beautiful."

One of Felicita's old big-screen televisions will be given away at the pub's official grand opening on Sept. 30.

You do the math.



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UVic's Strategic Plan to be released for feedback

by Vanessa Lundgren

"It defines our lives here," said Jonny Morris, student representative for UVic's Pride Collective, Senate, and the Planning and Priorities Committee, when speaking of UVic's Strategic Plan and its effect on students.

The administrative document will be publicly released in the coming weeks for one more round of consultations with the greater UVic community, which includes such groups as retirees, faculty and students. Coming into effect in 2007, the plan determines how the next couple of years will proceed at the university.

The Strategic Plan determines the outcome of important issues such as new construction on campus, added resources to faculties, and increased funding for student scholarships and bursaries. It is the blueprint by which the university is run and how the university can improve as an educational institution.

Spearheaded by UVic President David Turpin and the Planning and Priorities Committee, the document "articulates our vision for the future and our goals in four strategic areas: people, quality, community and resources," as posted on the Strategic Plan website.

The plan goes through a year-long cycle of revisions, calls for feedback and finally reinstatement through approval by the senate and the board of governors. From that point, the plan is in use for five years, at which point the document needs to be renewed and updated again.

According to the Strategic Plan website, the plan is "a living document ... in the context of the university's ongoing growth and development and the changing external environment."

Given the importance of this document, there's little student participation in the process.

"In terms of the total amount of student input ... it's been quite limited," said Jamie Biggar, UVic Sustainability Project director and student representative on the board of directors.

"It's symptomatic of a long-term disengagement of students with administrative processes, possibly because students don't realize how important those processes are for their experience at UVic, whether it be tuition fees, class sizes, new buildings on campus, [or] sustainability issues," said Biggar. "This Strategic Plan review runs the gamut of issues that students would and should be concerned with in their education here."

Morris agrees. After seven years at UVic, he admits lack of student participation has been a continuing pattern.

"There's a key group of activist students ... but I'd say the other 80 to 90 per cent ... perhaps they don't know how to get involved, perhaps they don't know why they should get involved," he said.

He remembers last year's missed opportunity for students when the plan was released for its first round of critique. A laid-back café-style forum was organized for students, where they could go over the document and voice their concerns, and opinions and initiate change. The University Secretary's Office advertised the form with flyers and published a draft of the plan in *The Ring*.

Fewer than 10 students were present at the consultation session, according to Morris. Most of them were representatives from the undergraduate and graduate student societies. While it was a productive session, the small number of students present disappointed Morris.

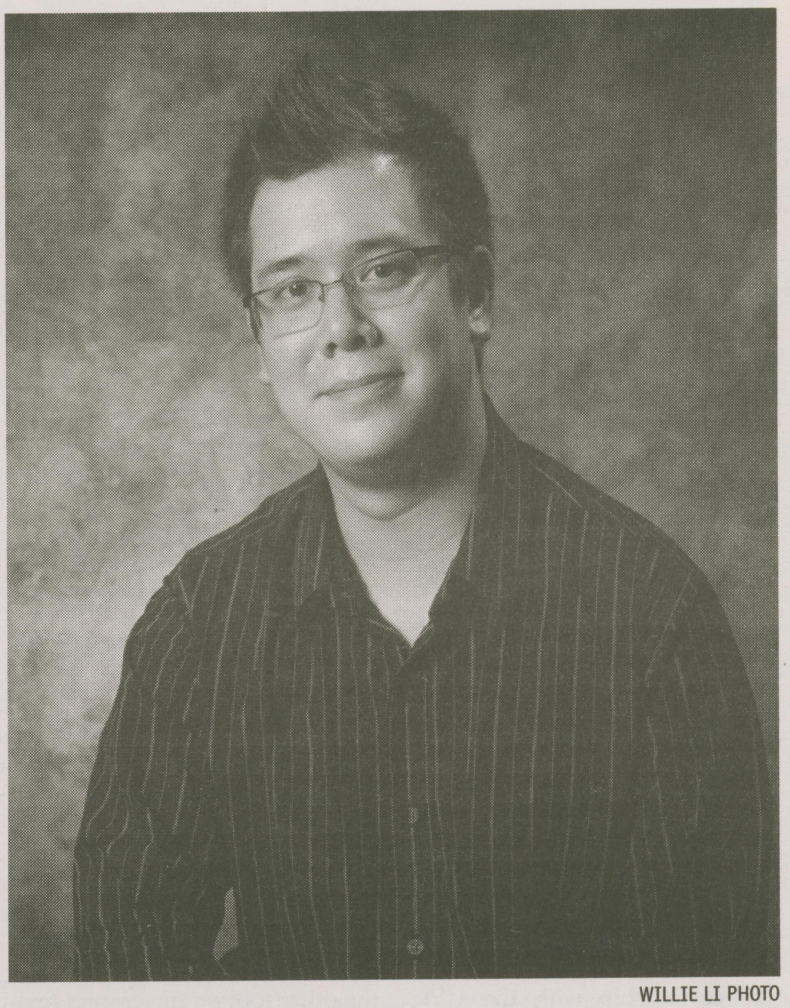
"The administration put in [a] considerable degree of effort to get students ... to meet them halfway," said Morris. "But the community as a whole, student-wise, really didn't engage with it."

Morris and Biggar hope that the upcoming release of the plan's final draft will be met with more student interest. The draft will be posted online on the Strategic Plan review website and will likely be published in *The Ring* once more. It is expected to be released in late October. The Planning and Priorities Committee is still receptive to last-minute suggestions.

Biggar believes collaboration between student representatives in university governance groups and the rest of the student body would ensure that everybody's perspective on the draft is heard and taken into account.

"There really isn't a better opportunity for students to influence the future direction of the university than engaging with the Strategic Plan review process. This would be one of the best opportunities for having that kind of participation and input," said Biggar.

"At the very least, it's an opportunity that shouldn't be missed."



WILLIE LI PHOTO

Jonny Morris encourages students to get involved in strategic planning.

Snoozefest offers keys to a good night's sleep

by Lauren Tee

With back-to-school hype just starting to die off, the urge to hit that snooze button is coming back loud and strong—Snoozefest came none too soon.

Held in the SUB's Michele Pujol room on Sept.18, the event included information booths, fun activities and professionals available to answer any questions people threw at them.

Sleep deprivation contributes to many of the physical and psychological problems people suffer from, including depression, anxiety and a reduced ability to learn new information.

Inspired by a conference last January addressing these topics, Snoozefest looked at why, as a demographic group, 18- to 24-year-olds get the least amount of sleep and what steps can be taken to prevent it.

The January conference featured guest speaker Dr. Richard Kadison, Chief of Mental Health of the Harvard School of Medicine. Youth in the audience were challenged to raise awareness, and as a result, Snoozefest was born.

In partnership with the UVic Wellness Centre, Snoozefest concentrated on three main areas: how to get a good sleep holistically, meditation and yoga, and nutrition.

The key to getting a decent night's rest is surprisingly simple. Avoid spicy foods and heavy meals at least one hour before going to bed, try not to consume any caffeine, nicotine, or alcohol for at least four to six hours before trying to sleep, and add some exercise to the day. As well, a relaxing ritual before bed, such as meditating or reading, can contribute to an easier transition between a hectic day and a peaceful rest.

Snoozefest was divided into two rooms, one of which consisted of various tables around the circumference of the Michele Pujol room with colourful info pamphlets galore.

The other was set up lecture-style, with experts giving talks on everything from meditation to living with sleep apnea.

In the former room, a ring was set up in the centre and students were encouraged to participate in pillow jousting. The rules of pillow jousting are simple: Only one hand on the pillow at a time, battlers are only allowed to stand on one leg, and whoever falls over first, sets the other foot on the ground first, or hops out of the ring first, loses. Participants also had the option of competing in sleeping bag sack races.

ALEX GILLETT PHOTO

Krista Isberg, left, and Emily Schellincle kick up their heels in a wicked pillow joust.

The information sessions available were titled Sleep Well to Study Well; Meditation; Yoga and Relaxation for Restful Sleep; Clean Up Your Sleep: Learn About Sleep Hygiene; You Sleep What You Eat; Depressed Friends? Learn to Spot the Signs; and Living With Sleep Apnea: A Personal Story.

Organizers of Snoozefest hope that the event will turn into an annual one, but recognize that it all depends on how well it was received this year.

According to one of the student organizers, George Robinson, planning to bring Snoozefest to UVic was "a definite learning experience."

When asked if he had any advice for students who just can't afford the time to get in a good night's rest, Robinson said, "Make a schedule, stick with it, and don't cram ... We're all guilty of it, but [losing sleep] really doesn't help you as much as you think."

COMMON SENSE INFORMATION FROM COMPUTER TECHS

Electronic Survival in the Online Age...

As with almost everything these days, an electronic variant of what used to be printed on a weekly or even daily schedule is available online. While some things are much easier to look up in the good ol' phonebook, a vast variety have been converted onto the Internet. Hey, you're on campusand I know everyone has access to the information superhighway so here's a list to assist you with your everyday student needs:

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http://www.bctransit.com/
The bus schedule is online.

Coming back a little late?
http://www.empresstaxi.com/
You can email your cab pickup time even up to a year in advance can't finish your masters degree in a year can you?

Not leaving campus?
http://www.cinecenta.com/ Show times and shows arranged in a monthly format don't forget your student id card!

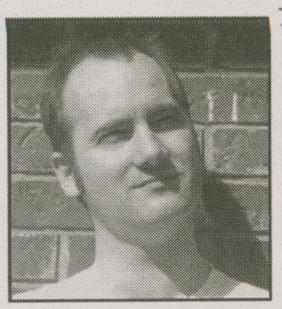
Looking for something live?
http://www.livevictoria.com/ Local events around town listed by day ticket prices and show times to boot.

Ok, so the winter of 1996 has returned, your fridge is full but you can't see out your windows. Since someone else will dig you out and your classes are cancelled, self-sanity and that enemy named Boredom must be kept in check. Considering you might also be on a budget, then you'll need some free entertainment:

A lifetime of Video:
www.youtube.com I think almost every piece of video that has ever been shot resides here. Humor, horror, car crashes, your drunken and unsuspecting dorm buddies, and complete television shows await your viewing pleasure.

A Universe of Games:
http://www.addictinggames.com/ Little flash and java games that flush valuable hours of your life down the drain await thee.

News headlines with a twist:
www.fark.com One person started this website of endless news links [which go to actual stories], and it's his full-time job to keep it rolling. Sometimes the comments can be equally amusing. Links updated almost hourly.
Things you didn't think you would do online. No, not that!



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The student standby (AKA Pizza):
www.pizzahut.ca Not all locations can accept online orders but perhaps the one closest to you can accommodate your hunger pangs – it's pizza, and they know how important that is to the student diet.

Groceries anyone?
http://www.thriftyfoodsonline.com/ Yup, don't even leave the seat you're in and stock up the cupboards. Get it all delivered too!

Spend your tuition money or your inheritance:
www.ebay.com I know, you heard of it right? Tips: Ebay's search engine isn't the best, when searching try variants of the words your enter, ie: "beer kegs" can be searched as "beer", "kegs", "beerkegs", "keg" etc. Also, be careful of inflated shipping charges and handling fees. Ebay has recently started to crack down on the shady shippers but many still exist. If possible, send everything via USPS and not courier. Canada Customs likes nothing more than to charge a nice flat fee for laying a finger on your Ebay treasure.

Your computer is your lifeline to the outside world, but sometimes the world wants to look inside. With the exception of your time, you can defend yourself at no cost:

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UVic clubs strut their stuff

by Micah Luxen

Enthusiastic and full of school cheer, UVic club members went to work last week enticing hundreds of wide-eyed students who were browsing for a new pastime.

With over 70 clubs on campus, the Student Union Building was bursting at the seams on both Sept. 13 and 14. A variety of interest groups were represented, from the athletic Surf Club to the religious Inter-Varsity Christian Fellowship.

Competing for attention, many of the clubs revealed a little creativity to attract student interest during Clubs Days.

"We're just so fun that people kept on coming by," said Andrew Herron, self-proclaimed minister of funk of the Improv Club. "Also, we were yelling at people as they walked by; you might call it 'word of mouth.'"

In addition, new members were entered to win a date with Rob Schearer, the Improv Club's secretary of defense.

The A Cappella Club's approach to signing new members was not quite as forthcoming. "We definitely investigated strategies, but in the end, we came up with nothing," said club member Dylan Gunning.

"We were thinking that one of us could walk around the room singing, but it doesn't sound as good to have only one person singing in a round," said fellow member Elizabeth Vondette. Regardless, the A Cappella Club said they had many students sign up to come to their first meeting.

The UVic Dance Club (UVDC) was also very popular, with over 800 interested students signing up. As a result, prospective dancers will have to audition, as the club's facilities only accommodate 20 to 25 dancers.

While most of the students interested in dance were female, many male students took the time to check out the booth as well.

"A lot of guys look at the pictures of the girls dancing and want to join, and we'd love to have them audition," said dancer Danielle Morine. "Some guys even asked if the dancers strip." Morine insists club members are very serious about dance, and while they don't strip, they do spend at least six hours a week dancing.

Also fully clothed, Chun Lee of the UVic Kendo Club enticed students to check out the club booth, wearing his full Kendo fighting attire and holding a Shinai, a practice sword.

"If everyone who came to the booth shows up to the meeting, we're going to need a bigger gym," said club member Rob Lewis. "When they see the video footage of our tournament, they get really interested and someone even wanted to know if Chun was holding a real sword inside the Shinai."

Perhaps the most creative person at Clubs Days was Kelly Clark of the Anime Club.

"I've drawn in many students by humming into this piece of paper; I guess you could call it trumpeting," said Clark. The noise came out to sound something like "join the club," which Clark claimed is a marketing technique. "All they have to hear is 'anime' and people are signing up."

While some students do love anime, clubs for the unanimated provided alternative entertainment.

"I love how opposite clubs are right beside each other," said Krista Pearson of the UVic chapter of Amnesty International. Near to the Amnesty booth, the NDP Club faced the Conservative Club. "This is why Clubs Days are so great; I never would have even thought a lot of these clubs existed and here they are, all together."

Clubs at UVic are funded through UVSS student fees and all students are welcome to join.

CORRECTION

In the Sept. 14 issue of the *Martlet* in "Controversy over new aboriginal chair" John Borrows was quoted, in regards to the creation of a new aboriginal chair, "Funders have been brought in, yes, but their aspirations direct their chair." The quote should have read, "Funders have been brought in, yes, but their aspirations won't direct the chair."

Coal-fire approved

Coal conference not without protest

by Dock Currie

British Columbians may be feeling the effects of the 46th annual Canadian Conference on Coal for a long time to come.

Hosted the weekend of September 15 to 17 by the Empress Hotel in Victoria, the conference discussed two proposals for coal-fired power plants.

Presently, B.C. has no working coal-fired plants, but both proposed projects have been approved by BC Hydro.

The plants, to be built in Princeton and Tumbler Ridge, were mentioned by the B.C. minister of energy as he addressed the Canadian Coal Association at the conference. The conference was off-limits to those not involved in the coal production industry, so the minister's comments were well received.

"I think the energy is needed in B.C., for sure," said Dean McKerracher, mayor of B.C.'s largest coal-producing town, Elkford, and conference attendee.

However, not everyone is convinced coal power is the best thing for B.C.'s energy future. The Sierra Club of Canada maintains that the province should not be devoting their energy to coal, but should be focusing on renewable resources.

"There has been a lot of rhetoric in the media about clean coal technology," said Lisa Matthaus, spokesperson for the Sierra Club of B.C., "but the plants that have been awarded contracts are not those kinds of technology."

"It is extremely misleading and really disturbing," said Matthaus.

Alan Wright, executive director of the Coal Association of Canada, disagreed with Matthaus, asserting the dialogue that went on at the conference will likely result in more efficient power generation over time.

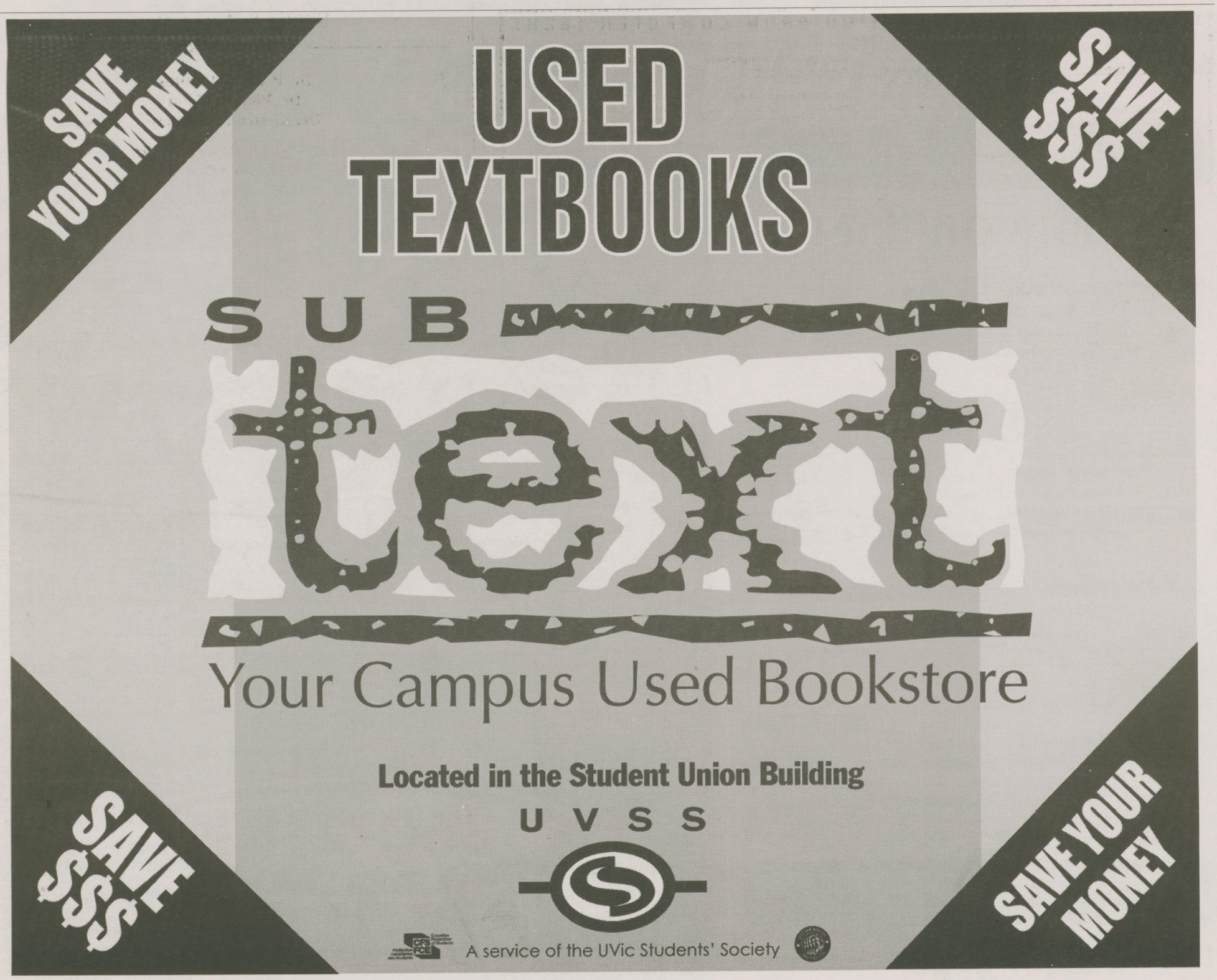
"The Sierra club is often misinformed," Wright said.

"Even though it was called the Canadian Conference on Coal, we took a look at not only the domestic side of the issues, but also the international side, because we are directly affected by what happens in the rest of the world."

Although the conference was not open to the Sierra Club, the organization took the opportunity to stage costumed protests in downtown Victoria while the coal producers were in session.

"People in this province have never been asked whether they want coal in B.C.'s mix," said Matthaus.

"We think that this is an issue that British Columbians need to be involved in discussion and debate around what our energy future should hold—what kinds of choices should we make, what are our responsibilities to the world in terms of reducing our greenhouse gas emissions, and certainly not increasing them in this day and age."



Montreal gunshots heard across the country

UVic Campus Security director confident about student safety

by Matthew Gauk
with files from Taylor Lewis

The shooting at Dawson College in Montreal last week sent shock waves through campuses across the country, and UVic was no exception.

The university put a note up on their website expressing shock and sadness at the incident, and local media scrambled to talk to students to get their opinions. The new director of campus security, Peter Zacour, is confident about the security situation on campus but warns students to be careful.

"Everyone should always take safety precautions. Walk in groups at night or when possible, and just be aware of the people around you," Zacour said.

Campus security maintains daily communication with the police departments of Saanich, Oak Bay and Victoria. The jurisdictions of the Oak Bay and Saanich police departments split the campus.

There are a number of security cameras on campus and there are provisions for cameras in the new buildings that are going up. Zacour refused to go into detail but said that the use of security cameras was an issue to be "weighed by the powers that be."

"Our policies are always in review and constantly being checked," said Zacour, who has been following the Montreal shooting but hasn't communicated with other campus security offices about it. "You re-network with people; when things like this happen, you think about how you'd do things."

Zacour said that there hasn't been a single call to campus security in relation to the Montreal incident from students concerned with their security. Counselling services and chaplains are available to anyone in the UVic community who might need those services in light of the shooting.

The incident was reminiscent of the 1989 École Polytechnique massacre in Montreal when 14 women were killed. Now, as then, the current gun control system has been thrown into question.

DAN PLOUFFE/CANADIAN UNIVERSITY PRESS PHOTO

Police cars and ambulances line up in downtown Montreal on the day of the Sept. 13 shooting.

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Jacqueline Lebel is UVic's own superstar

UVic student is one of 54 finalists competing to win $10,000 from Bootlegger

by Sally Titasey

When 21-year-old UVic student Jacqueline Lebel heard about the chance to win $10,000 and be in a photo shoot last month, she figured she had nothing to lose.

Lebel is in her fourth year of a double major degree in art history and French. She was working in a co-op position as a visual arts coordinator at the Harmony Arts Festival in West Vancouver when a colleague e-mailed her about a nationwide contest offered by Bootlegger.

Bootlegger, a clothing chain specializing in jeans, went looking for 50 Canadians between the ages of 17 and 25 who are active members of their community. Contestants are voted for online and the individual with the most votes will win a $10,000 prize.

A couple of days after sending in her application, a photo and a short biography, Lebel was notified that she had been selected as a finalist.

"I was excited. I didn't think there were going to be any other opportunities in my life to do a photo shoot," said Lebel.

All the finalists from across Canada were flown out to Vancouver, where Bootlegger was founded in 1971, for a photo shoot for the store's fall ad campaign. A poster of Lebel sporting the latest Bootlegger gear is displayed in the Capilano Mall store in North Vancouver, where she grew up.

"It was a little awkward and [I] felt kind of goofy," said Lebel, remembering when she first saw herself on the life-sized poster.

Lebel believes she was selected because she has extensive experience in volunteer work. During high school, she volunteered for the Special Olympics as a bocce referee and for A Loving Spoonful, a non-profit organization that provides free, nutritious meals to people with HIV in Greater Vancouver.

At age 16, Lebel went to the Dominican Republic on a trip organized by her high school for students interested in volunteering at an orphanage. Lebel and a group of peers spent two and a half weeks building a garden in a small orphanage outside of Puerto Plata.

"It was just a real eye-opener, coming from North Vancouver and kind of being in a little bubble," said Lebel about her time spent with the orphans. "It made me realize how fortunate I am."

When her uncle was diagnosed with Parkinson's disease last year, the motivated young woman organized a benefit opera concert with family and friends to raise money for the cause. The event raised about $6,000.

Upon graduating high school, Lebel attended McGill University. After her first year, she decided to move back to B.C. and transferred to UVic.

"I really missed the West Coast. It's so laid-back here."

Lebel believes that moving to Victoria was the best decision she ever made.

In her spare time, Lebel is involved in a swimming club, enjoys belly dancing and goes hiking. After attaining her degree, she plans on teaching English in Japan and travelling before returning to UVic to complete her master's degree in art history. If she wins the Bootlegger competition, Lebel wants to use the money to fund her future studies.

WILLIE LI PHOTO

Jacqueline Lebel is one of 54 finalists who appeared in a photo shoot contest open to active community members. The winner will receive $10,000.

Julia Adam, fellow UVic student, worked with Lebel at the Harmony Arts Festival in August and thinks Lebel deserves the $10,000 prize as someone who is "a joy to be around."

"She did a great job as the visual arts co-ordinator," said Adam, who has remained friends with Lebel.

"She is an amazing person; [she's] out there to be happy. She'll go places," agreed the contestant's roommate, Naomi Ford, when asked why Lebel should win the competition. The Bootlegger contest has Lebel in stiff competition with 49 other go-getters. The group includes artists, musicians, athletes and volunteers from all of the country, including Ashley Bursey, who was Miss Newfoundland and Labrador 2003 and first runner up to Miss Canada 2006, and Shane Wiebe, who made it in to the top five in *Canadian Idol*.

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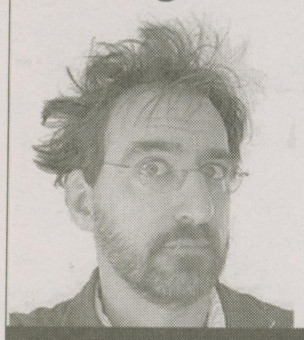

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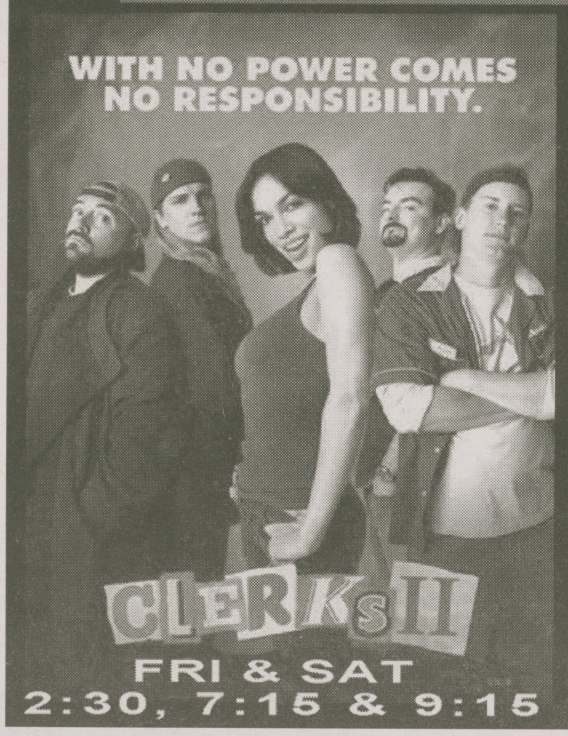

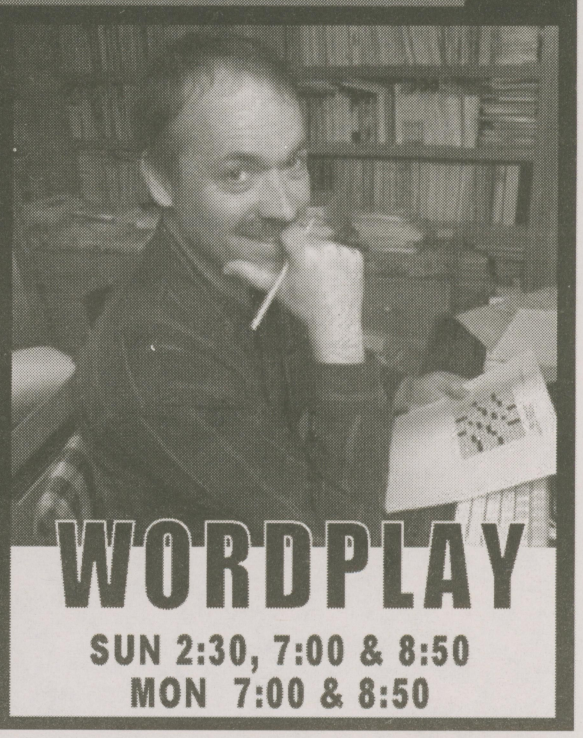

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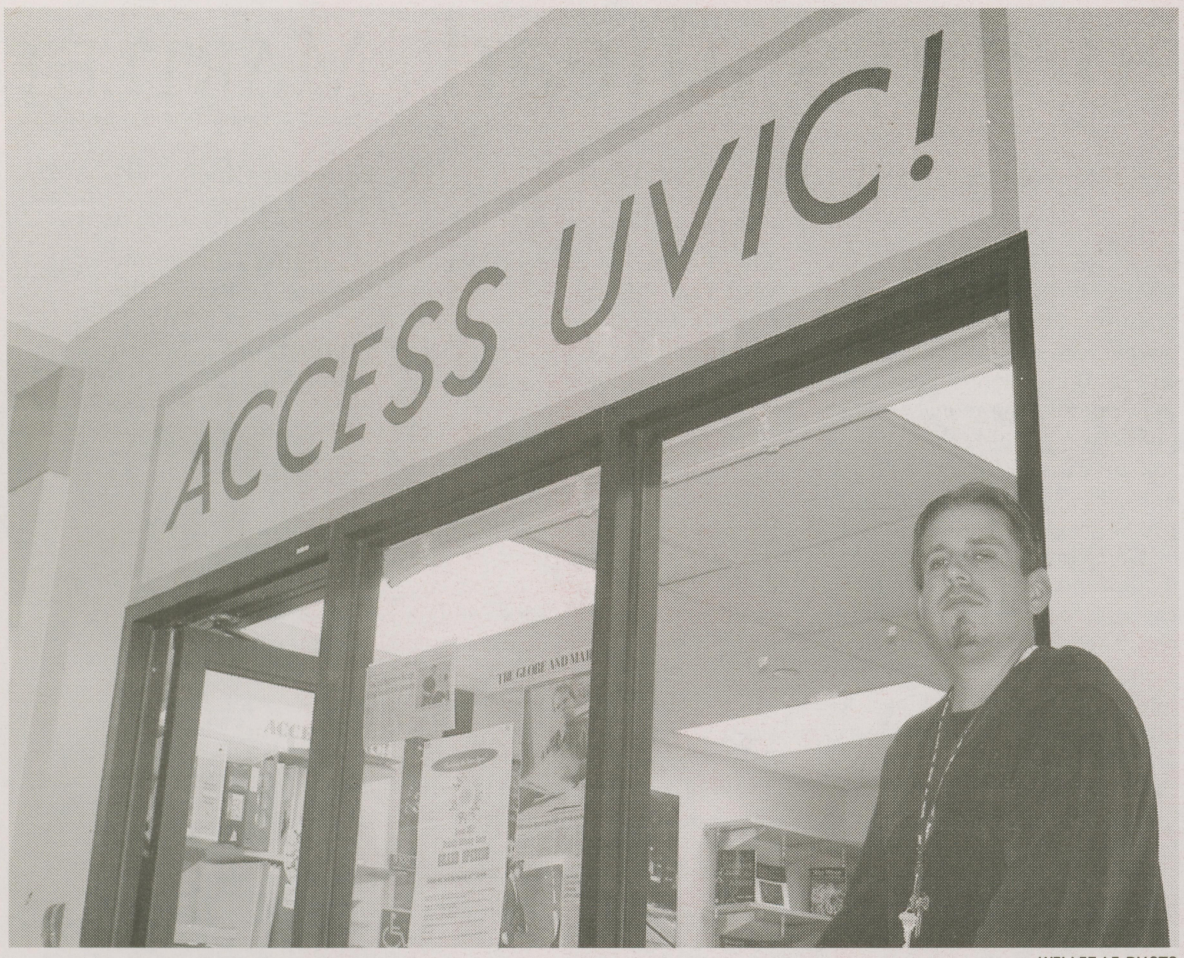

WILLIE LI PHOTO

Kevin Peterson, past constituency rep for Access UVic, stands in front of the group's SUB office. Access complains of a lack of support from the UVSS board and that more funding is needed for measures such as the student auditing program.

Access UVic initiatives include auditing program

Group for students with disabilities opens its doors

by Jessie Hanson

Sauntering toward Bean There for a morning dose of caffeine and frantically weaving in between bodies to satisfy a smoothie craving, students may have noticed a small room with a bold, blue sign: "Access UVic."

Access UVic is a constituency of the University of Victoria Students' Society (UVSS) for disabled students attending the school. This year, the group's initiatives will include strengthening the auditing program and establishing a new resource centre.

The group actively promotes physical and attitudinal accessibility and the elimination of able-ism at UVic.

In addition, Access works toward providing a safe and supportive environment and co-ordinates activities and events, such as Annual Disability Awareness Day, to raise awareness about disability issues.

"Despite the incredible support from the student body, Access is still lacking in support from the UVSS board," said Kyla Berry, the current constituency representative of Access.

According to Berry, in order to radically reform Access programs and facilities, more funding is required. One of the new measures is the auditing program, which allows students with disabilities to attend class with an assistant without being graded.

"It allows the student to engage in classroom activity without being penalized," said Berry. "Students can now test out the class in case they are not completely ready to make a commitment."

Along with strengthening the auditing program, Berry hopes to develop a secure resource centre for those with disabilities. The S-Hut, an old army barracks converted into a resource center, is currently being used. The problem is, many students find the location inconvenient.

"I recall writing exams at the S-Hut," said Berry. "I don't like writing there because it's far and sometimes I had to run to my next class," said Berry.

Despite the desperate need to revamp programs and facilities, Berry said she is content with what the future holds for Access.

In November, Rose Robb will be representing the group at the National Educational Association of the Disabled (NEAD) conference in Ottawa. As a result, the work of Access will be broadcasted on a national level.

Other initiatives will include sign language classes, welcome dinners for new members, board meetings, and panel discussions where members can raise awareness about disability rights.

Those who work behind the walls of Access seem to feel strongly about the cause.

Since she joined, Berry has felt strongly about the future development of Access.

"The more I dropped in, the more I was passionate ... it was a way to effect change," said Berry. "Our sole goal is to celebrate our achievements and to continue with community building. We would like the positive momentum to continue."

Access UVic is located on the main floor of the SUB by Cinecenta.

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The drug-riddled days ahead

New pill will have you awake, focused and fully alert for 40 hours straight

by Mike Vasilev

It has been clear for a while that sleep is a loser's game. Unfortunately, even the best of us have had to indulge in it once in a while. But that could soon change with the introduction of a little pill called Modafinil (a.k.a. Provigil).

According to the pill-maker's corporate website, Provigil.com, these pills will have you awake, focused and fully alert for more than 40 hours straight. Then after an eight-hour nap and a few more pills, you can supposedly go for another 40. And unlike amphetamines or even caffeine, with Modafinil there is no addition or crash—not even jitters, studies indicate so far.

There is also no way to get high off it—no buzz and no euphoria. There is only what one user describes as a "very natural alertness." The manufacturer even claims that there is no "sleep debt" (a need or desire to catch up on missed sleep).

Just think of the possibilities; just think of the productivity!

How does Modafinil work? Well, no one seems to know. Until recently, only Cephalon Inc. has had the rights to the drug, and they've been pretty private about it. When patented, Modafinil was granted "orphan drug" status by the FDA, a status reserved for drugs treating rare, and therefore unprofitable, illnesses. To encourage development, the status exempted Cephalon from carrying out the extensive research and testing usually required. Modafinil's long-term effects are completely unknown. Psychosis is suspected.

Lucky for Cephalon, people generally don't care *how* it works. If it works, it works. And if it works, they'll buy it. Sales have shot up from $25 million in 1999 to more than $575 million in 2005.

This is not a drug for your typical brand of dope addict. This is for people who have to wake up early and get things done—people such as students, surgeons, soldiers, politicians, pilots, techies, yuppies and perhaps even you. Officially, however, Modafinil is only for people diagnosed with narcolepsy or sleep apnea. But now, thanks to the Internet, you (not your doctor) can decide if the drug is right for you. The afore mentioned website includes a handy little quiz that rates your chances of falling asleep during events such as driving a car or lying down for an afternoon nap as a means of diagnosis.

Provigil is one of a kind, but not for long. Its success has prompted recent competition, and Cephalon is already working on its successor, Armodafinil. It's just started human testing. These drugs could change society. They could do to it what Prozac did for boredom, or what Viagra did for Bob Dole.

They'll let us defy nature—beat it once and for all. We're not there yet, but limitless wakefulness could be on shelves soon.

The demand for this kind of drug is clearly here, and not just from narcoleptics. With demand, there is money, and with enough money, the long-term consequences and even short-term side effects are of no real concern. They are but details—wrinkles to be ironed out for the next edition.

Eventually we'll have it: zero sleep at zero consequences. And once everyone else is living the 20- to 24-hour life, we will have no choice but to join them. We will have to choose between being left behind with the hippies or getting with the program, taking meds and working 'til dawn.

Prepare for the worst and sleep in while you still can.

Gun registry is still an important tool

Shooting has resurrected the debate over whether to keep the registrys

by Andres Barker

Among the many things being discussed after the tragic shooting at Dawson College last week is the utility of the Canadian gun registry, under which the killer was able to legally obtain his weapons. While the registry failed to prevent this attack, it's still an important tool in crime prevention.

Since its introduction in 1995, the registry has run into much criticism. The Reform Party, then under the leadership of Preston Manning, was quick to defend the rights of Canadian gun owners in a move that was consistent with their strategy of catering to the influential voter block in Alberta and the Prairies.

Perhaps the relative ease with which the Liberal government introduced the registry was facilitated by the fact that most urban Canadians, a powerful source of support for the Liberals, generally do not look on the issue of gun ownership with the same zeal as rural Canadians.

Predictably, the shooting at Dawson College has resurrected the debate over whether to keep the registry. According to *The Globe and Mail*, proponents of the registry are using this incident to bolster their support for keeping it. But critics are using the tragedy to support their claims that record collection is futile.

Immediately after the shootings, reporters and politicians have been looking into the status of the weapons used by Kimveer Gill in his homicidal attack. This league of inquiring minds includes the prime minister himself. Quick to offer condolences, Harper was also quick to note that the current program did not prevent the incident. The guns were registered—they were all completely legal.

A database of information is not a valuable tool for preventing violence in and of itself. The recent inquiries into 9-11 have proven this, showing that there was extensive information available on many of the hijackers and their activities leading up to the attacks, but without a coherent way of tying this information together, prevention is impossible.

Prevention requires some degree of investigation, which is precisely how the registry is to be used. Despite the budget concerns, the system already exists and is being supported. Recently the presidents of the Canadian and the Ontario Associations of Chiefs of Police declared the registry an important tool in fighting crime and ensuring the safety of police officers.

The registry is accessed for searches approximately 5,000 times a day and although it doesn't advise officers of illegal guns, it does let them know when a resident of a house they are about to visit possesses registered guns. When dealing with individuals with a history of violence, this system can save lives of not only officers but potentially members of the public. Since Dec. 1, 1998, more than 17,800 licences have been revoked or refused to people with a history of violence, mental illness, drug offences or for other valid reasons.

The problem with the registry is that its role in prevention cannot be proven; we can only confirm the situations when it didn't work.

Hopefully, if we can't trust our own common sense in appreciating the value of the registry, we can trust the opinions of our lawmakers and law enforcement officials.

No need to rush through school

Why are many students from high school going straight into university?

by Jen Richardson

Walking into classes on your very first day is a bit nerve-racking. There is always that frightening moment when, as a new student, I think I'm in the wrong room. But after assuring I'm in the right place, there is a new shock: I feel like the oldest one in the class.

This is something I wouldn't suspect to find. Looking at the statistics for UVic over the last couple of years, 25- to 30-year-olds make up about 25 per cent of all undergrad students, while 18-year-old students make up only 10 per cent. But of the 2,500 first-year students, 1,700 of them are right out of high school. This raises the question: Why are there so many students from high school going straight into university? Are they prepared at that age to make a decision about what career they want when they haven't experienced anything beyond high school?

The Merriam Webster online dictionary defines a career as "a profession for which one trains and which is undertaken as a permanent calling." However, since the later part of the 20th century, Canadians are more likely to have multiple careers in our lifetime, unlike in our parents' generation. According to Workopolis.com, the job market determines that an average person may change careers seven to 10 times during their lifetime. Also, as retirement benefits decrease and our life expectancy increases, having numerous jobs becomes almost expected.

With all this insight, why the hurry? I am personally one of those students who went straight from high school to college. I couldn't wait to start on the path to my career. Unfortunately, once I got there, I realized that I didn't want that career. I didn't want to be in college or taking university courses at all. I just wanted to party, hang out with my friends and exercise that newfound freedom of living away from home. This feeling is common. According to Statistics Canada, about one in seven young Canadians attending university or college will leave within two years, far short of earning a post-secondary degree.

Admittedly, university is not the wrong choice for all students right out of high school; there are some students who do know what they want to do and are ready to do what is necessary to achieve their goals. I applaud them for knowing. But some young people are just here because university was the preserved next step or something their parents wanted them to do. To them, I say step back and make sure this is what you want, because it is okay to take time to find out who you are before you spend money on a university degree.

Personally, I'm going to be walking into my classes, the oldest student, knowing that I really want to be there. I know what I want and who I am.

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Editorial

Rationalizing the irrational

On the morning of Wednesday, Sept. 13, students at the University of Victoria filed into the Student Union Building to peruse the tables at Clubs and Course Union Day. At the same time, students at Dawson College in Montreal filled the school's cafeteria for lunch, where they were confronted by a 25-year-old madman firing rounds from a sleek rifle.

It took several hours for an accurate account of the nightmare to surface, and when it did, the questions began. Who is Kimveer Gill? Why did he do it? Who are his parents? Didn't they know?

The media and public have struggled to make sense of the gunman's rampage, to try and explain how something like this could happen yet again in Montreal and to try and prevent it from happening again.

A lot of blame has been placed on the online community Vampire-Freaks.com, a goth-culture website, which has offered condolences to the victims' families. It's home to photos of the trench-coat-wearing murderer brandishing guns and knives. But it is short-sighted to blame goth culture and the site for Gill's actions, just as it was to blame *The Matrix* for the 1999 Columbine massacre.

The Internet's scope has made it easy for would-be terrorists, pedophiles and other disturbed individuals to meet, organize and plan. But even without the coddling of like-minded people in an online community, Marc Lepine still murdered 14 women at the University of Montreal in the late '80s.

Video games have also been under scrutiny—specifically *Super Columbine Massacre*, which is easily available for downloading. In it, players are taken through the day of the Columbine shooters, eventually ending up in the cafeteria, where most of the violence took place—an eerily similar scenario to what happened in Montreal recently. The game has drawn a fair amount of attention from the media, as it was a favourite of Gill's. But video games had little role in 1992 when Valery Fabrikant, a Russian engineering professor at Concordia University in Montreal, shot four co-workers when he failed to make tenure.

So if it's not video games, movies or the Internet to blame, then maybe gun control laws are the problem. Politicians have been quick to jump on the issue as an example of how the gun registry is ineffective, or as a reason for why we need more stringent control of guns. But Gill passed two rounds of screening and testing in order to legally acquire the semi-automatic rifle he used last week at Dawson College.

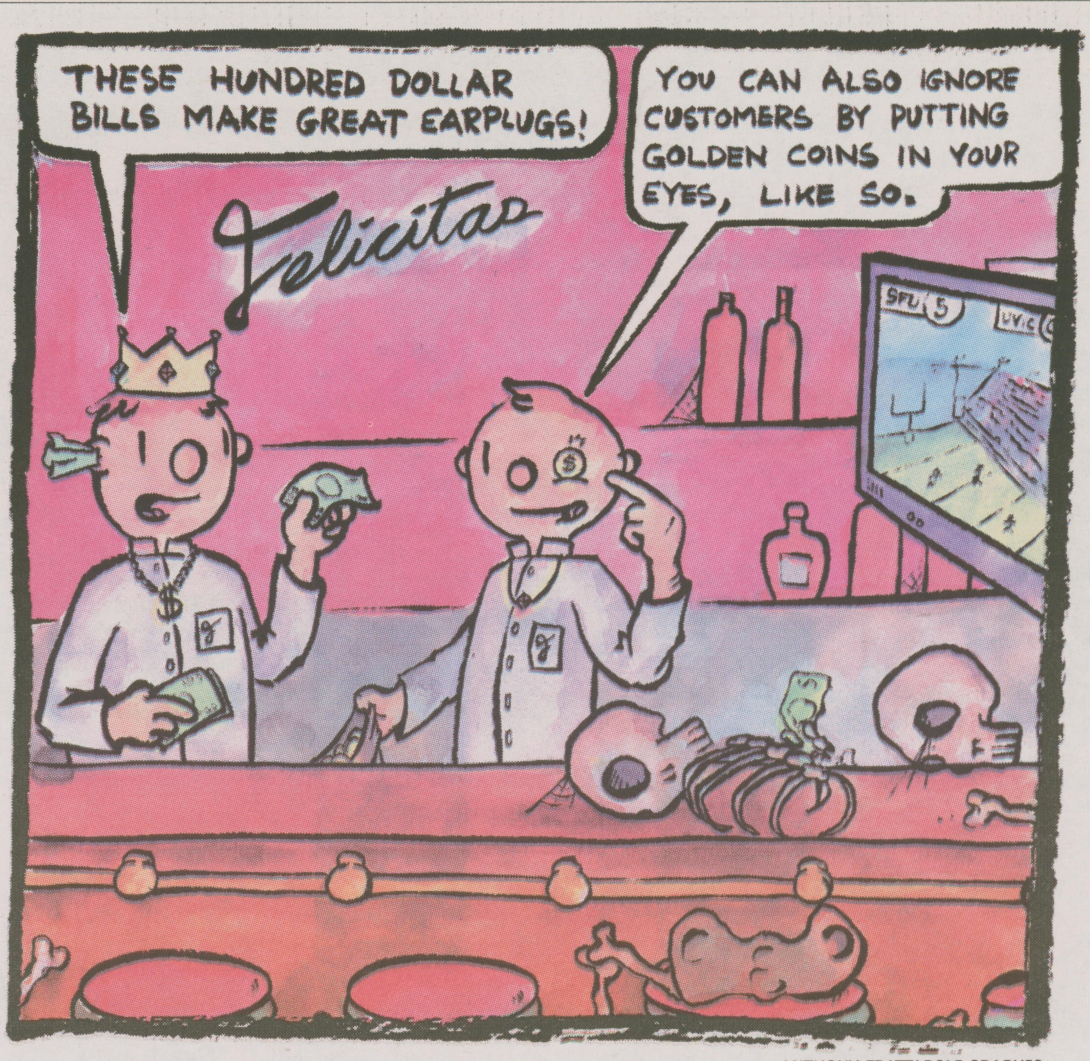
Some have suggested that Gill, Lepine and Fabrikant were outsiders in Montreal, where being of pure francophone descent is most desirable and respected. This shared experience may explain why the three men harboured such hostility toward society and why Montreal has been home to three heinous on-campus shootings.

It is comforting to rationalize a seemingly irrational crime. If we can point our finger and establish who or what is to blame, then we can attempt to prevent this from happening again.

Students, faculty and administrators on campuses across Canada have been asking the question: Could it happen here? The truth is that it could, and while rationalizing makes us feel better, it doesn't make us safer.

Angry? Pleased? Confused? Aroused? Write to us at letters@martlet.ca.

Martlet has an open letters policy and will endeavour to print every letter received from the university community, with priority given to undergraduate students. Letters must be typewritten, submitted on disk or by e-mail and include your name and student number for verification. Letters must be under 200 words. Deadline for letters is noon on the Friday before publication date. Letters will be prioritized by order received. Letters with pseudonyms or group names will not be printed.



ANTHONY FRATTAROLI GRAPHIC

Are UVic students getting dumber?

Students are more preoccupied with their clothes than social change

by Tamara Yewchuk

Numerous professors have commented on the relative stupidity among recent students when compared to those in the past. One professor, for example, suggested that note-taking indicates a feeble mind that can not digest and remember the contents of various lectures. Others have said that English language skills, especially in writing, are declining.

Passing by a department office one late afternoon, I happened to overhear academics amusing themselves with examples of ridiculous errors students often make in class.

To what do we owe the declining mind of today's students? Is it too much *Entertainment Tonight*, fried food or maybe rock music to blame?

Whatever the cause, it is the place of university to educate us rather than expect each class to be a pretentious parade of how smart each student already is.

I am not sure if the level of classroom discussion and academic discovery is declining; however, it is disconcerting when a group member in a fourth-year class asks for the definition of platonic. Or when I have to point out that Marx and Stalin are not the same guy.

No, we are not all geniuses and we are here to learn. Sure, we all make mistakes. But students, please, do not begin each class comment with, "This may sound really dumb," or, "I don't know, like, if like, this is any good, but I think, like...." Just say what you want to say.

Regardless of the level of raw intelligence, the student populace is more preoccupied with their change of clothes than social change.

Nevertheless, important ideas and research do happen here, so come to class prepared to discuss the issues. If your mommy and daddy are forcing this upon you because they want to impress their friends by telling them their child is off to university, it's better to tell them your dream is to be the next Canadian Idol instead of wasting everyone's class time.

Some more advice: Don't come to class if you are just going to blather on with your friends or act like you couldn't care less about the subject matter. Don't talk constantly either—there seems to be a verbal diarrheatician in every program. Do not tell personal anecdotes unless they're relevant. Doing these things does makes you look less intelligent and detracts from everyone's university learning experience.

Perhaps it is unfair to place blame solely on students. The professors must show their commitment to teaching.

However, professors and faculty are not babysitters, as they love to point out. Nevertheless, it is their obligation to ensure students are inspired, engaged and learning in the classroom.

We have all had that professor who reeks of apathy, indifference and stupidity. No, giving the whole class a B+ is not an acceptable form of assessment. If you can't do remedial math to calculate grades—get a calculator.

Professors are obviously not superhuman, but we should expect the same from everyone in a university institution—and that is to constantly critique our present world, challenge ideas and create knowledge.

LETTERS

Guides are supposed to lead

Your article about the "racy" new Girl Guide ads really hit the mark—it summed up what the campaign is all about. The ads grab attention and do exactly what they are meant to—get people interested in Girl Guides.

What this campaign doesn't focus on, however, is women who want to be leaders or those who want to volunteer with women their own age. It is really important for Girl Guides to have adult women to lead all our fabulous girls and organize our events such as sleepovers, science nights, camps and outdoor adventures.

Many of us go to school at UVic and we're always welcoming new members. Any women interested should call 1-800-565-8111 or check out the Guide booth at the SUB on Oct 5.

-Caillin Smith
1st year, social sciences

Thanks for the coverage

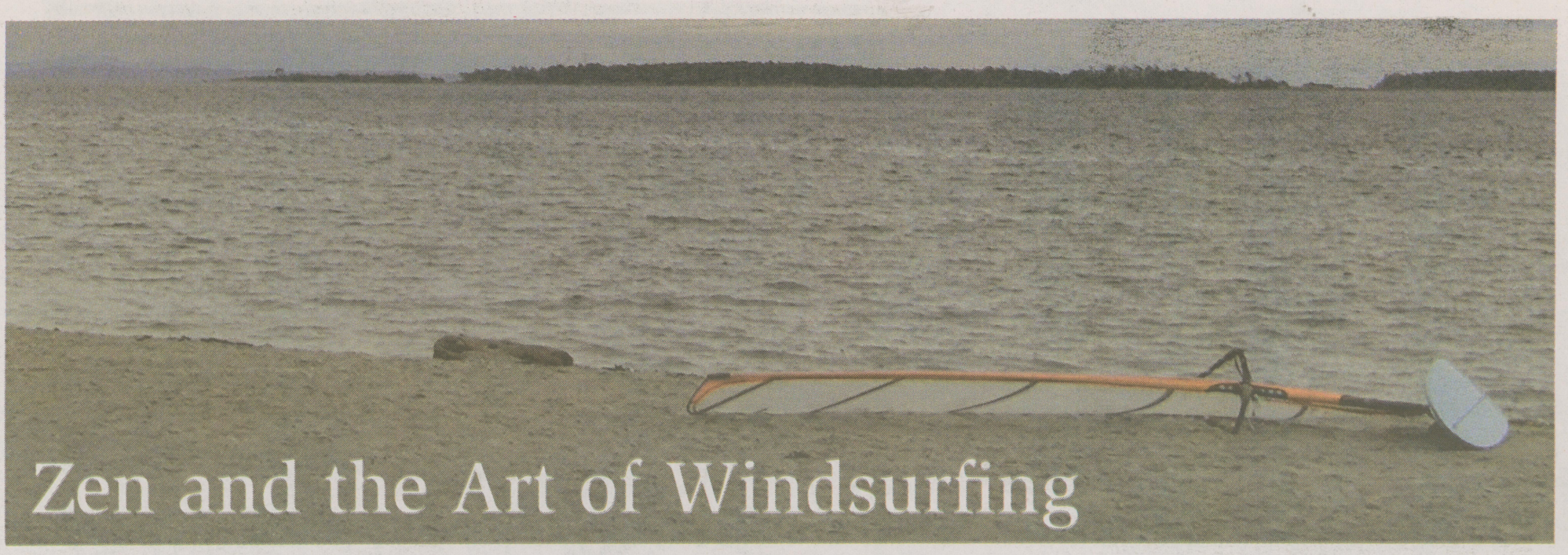
Thanks for your sensitive reporting on a contentious issue—poverty and homelessness.

While the latest media blast against the poor focuses on one lost convention cancelled, ostensibly, because of panhandlers and tacky tourist shops, I'm willing to bet more business has been lost to the outrageous and unnecessary system of sewage disposal in our fair city.

Since I moved here in 1990, and all through my many years studying at UVic and beyond, concerns about sewage outflow being deposited directly into the ocean have occupied many hours of discussion. Mr. Floatie, the mascot for People Opposed to Outfall Pollution, is now an internationally recognized turd, and would undoubtedly have ranked number two if he'd been allowed to run in the most recent mayoral election.

Keep up the *Martlet* spin—it's a refreshing approach to democratic journalism!

-Janine Bandcroft
Victoria Street Newz



Zen and the Art of Windsurfing

Riding the waves to inner peace

by Joel Barde

photos by Wesley Scott

Last January, everything seemed to be going wrong. There was constant rain, I was staring at a computer screen for 10 hours a day, and after rushing down to Willows Beach one day, I realized that I had forgotten my base mast—an essential component of my windsurfer.

"Why aren't you out there?" asked a broad-shouldered man. He was packing up his windsurfer while I stood on the sea walk having a swearing fit.

"I forgot my base mast," I confessed.

He smiled and white teeth glowed beneath his blue lips.

"Here." He threw me a Chinook base mast. "Have a good one, bro."

I waited in the water for a gust of wind to pull me up. Then I leaned into the wind, stepped in the foot straps, hooked up to the harness and rocketed toward the Coast Mountains. I rode for an hour, carving laps in front of the Royal Victoria Yacht Club amid five-foot swells that had jacked up from the 25-knot winds.

After a last lap, I lugged my windsurfer back onto Willows Beach with spaghetti arms. I de-rigged my sail, peeled off my frigid wetsuit and packed up my gear as wet snow started to fall. Inside the car, heat cranked, I stared at the moonlit water, thankful for time on the ocean.

After that January windsurf session, I felt like the negative energy in my life had been washed away with the icy salt water.

"A good session has me feeling more grounded and connected with everything around me. Even the light looks different," says Jim Lewis, a fellow windsurfer who feels a deep connection with the sport's psychological benefits. "My general frustration level goes down and I have more room for compassion." It's like hitting the original Nintendo's dark-grey reset button—the one that allows you to start over, completely replenished.

Call it *carpe diem* or being "in the zone"—windsurfing, like all extreme sports, forces you to live in the present.

Chris Curran, who clocked 60 days of windsurfing last year, agrees. The ultra-fit 35-year-old's speech slows down as he chooses his words.

"I think your brain completely lets go of all the babble. It's almost Zen-like in that way."

Speed, power and control combine to make the magical sensation of windsurfing. Standard equipment has evolved from the heavy fibreglass board your uncle keeps at the cottage to feather-light Styrofoam composites capable of hitting up to 46 knots (a world record amongst wind-powered vessels).

"Your body is part of the connection between rig and board. It sends that energy right through your body. You can feel it," says Curran. "It's not like sitting passively on a laser sailboat [where] you don't quite get that connection, you don't feel the rig twitching and twisting. That is all going right through your body on a windsurfer. It's magical."

That energy is a drug to windsurfers, who often refer to one another as "wind junkies."

"There's no question, it's definitely an addiction.... There is something that gets into the soul," says Curran, who moved to Victoria from Calgary specifically for the windsurfing. Luckily for wind junkies, Vancouver Island's strong winds and mild temperatures combine to make it Canada's best place to get a fix.

While the physical high of windsurfing attracts people to the sport, it's the sense of accomplishment windsurfers get from pushing their own limits that brings them back to the waves time after time. There is always something new to learn, be it how to use the foot straps and harness (tools that make high wind windsurfing possible), or in Curran's case, how to do a forward loop, a mid-air somersault.

Better yet, water provides a safe learning envi-

Windsurfer Morrey Eldridge set to enter the icy waters he belives benefit both the body and the mind.

ronment for windsurfers to practise and achieve these goals. Injuries are uncommon and Curran, who has sailed for 20 years, says the worst injuries he sees are sprained ankles.

"That's what I love about it; you come up laughing from something that would have just killed you in any other sport," he says.

Vancouver Island's intense winds still occasionally humble me. The fall and winter produce strong southeasterly winds; the spring and summer bring moderate westerly ones. In a session during one of February's tree-toppling storms, I couldn't make it beyond the shore break. The waves pummeled me into the sand and pebbles that make up Cadboro Bay beach, but I still left the water with a smile.

"Just being able to go out for a few runs on a stormy winter day, when no other sailing craft ventures out, has a sense of accomplishment," says Morrey Eldridge, a father of three. "Even if the sailing itself isn't exactly fun."

Eldridge feels that exposure to the frigid temperatures of winter sailing is physically and mentally beneficial. And it is cold, even when coddled with a five-millimetre wetsuit.

"Almost all the aboriginal people on the West Coast used cold-water bathing as a part of spiritual training," says Eldridge, an archeologist between windsurf sessions. "I think the feelings one gets when repeatedly immersed in cold water have been used as spiritual training for a long time here."

The sport attracts countless interesting people such as Eldridge. But once on the water, you're very much alone. For Jim Lewis, that solitude is windsurfing's greatest attribute because it lets him connect with his inner spirit.

"We lose ourselves to the greater whole but find our unique selves in personal experiences of, say, windsurfing.... One can feel utterly alone in the universe and part of a greater whole simultaneously," he says.

The inclusive feel of the Island's windsurf scene is the opposite of my experiences with its surf scene. The people I have met through windsurfing on Vancouver Island, like Lewis, Curran and Eldridge, truly care about one another. I met Curran the first time I went to Cook Street, a popular summertime spot for windsurfers. He told me to check out a local website that has brought the community together since its creation in 1997. Bigwavedave.com provides wind forecasts, webcams, forums and galleries—linking the Island's wind junkies. The site put me in touch with people who shared the same passion as me.

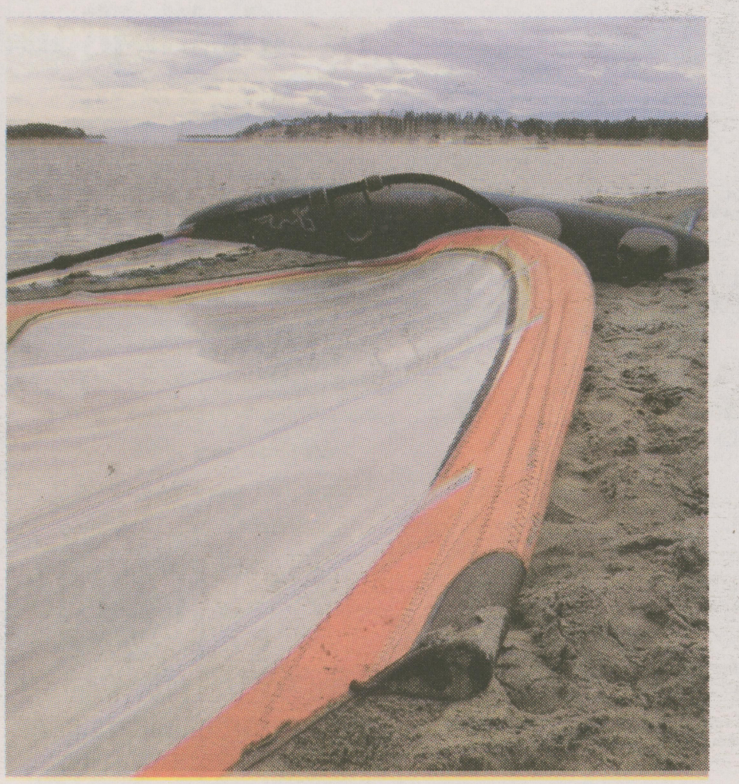
Surfing culture isn't typically as welcoming. Because there are only so many waves in a set, another person learning how to surf can steal your wave. Surfers in Victoria can become confrontational, but usually they just send off bad vibes. Curran, who used to surf frequently, was turned off by the "locals only" mentality.

"I don't like the attitude. If you're learning, you have to grovel for years to get into that scene. Even then, you're going to get some of it," he says.

The sense of peace I get from windsurfing—one that has as much to do with the community as it does with the sport—fades between sessions. But all it takes is meditating on windsurf memories to bring me back to Willows Beach or take me away to dream spots like Maui. It transforms my headspace, giving me a spiritual lift as I pound away on my keyboard or sit through another boring lecture.

Dale Moffat, who replied to a forum topic I posted on Bigwavedave.com, knows exactly what I mean.

"When I'm at work and shit is hitting the fan, all I have to do is think about the times out on the water sailing with my friends," he writes. "Things begin to perk up and life becomes truly less of a struggle."



The Maltwood honours John Di Castri

West Coast modernist architect's models on display

by Robyn Luff

If you've never heard of John Di Castri, now is an excellent time to find out more about one of Victoria's most innovative and gifted architects. This talented man passed away almost exactly a year ago and left behind some of Victoria's most recognizable buildings.

Di Castri's modernist work can be seen in the Centennial Square parkade, the Royal British Columbia Museum, the Cornett building here at UVic and in a number of churches and private homes in and around Victoria.

The Maltwood Art Museum and Gallery on campus is currently running an exhibit titled "Architectonics, John Di Castri and West Coast Architectural Modernism." The exhibit is a combination of Di Castri's plans and sketches, along with models of his works created by students in UVic's fine arts 350 class. The combination of sketches, photos and models gives you a real feel for Di Castri's visions and his process.

The exhibit is the brainchild of Martin Segger, art director for the Maltwood gallery, and Chris Gower, a local architect and sessional UVic instructor. Their goals for the project were to present a cross-section of Di Castri's work that shows the breadth, scope and variety in his architecture. The exhibit is also a tribute to the man for all his work in the Victoria area.

"He was a very kind, good natured and giving man," says Kerry Mason, curator of the Maltwood gallery. "It's a way of honouring him, of giving back."

"Public response to the exhibit has been very positive," says Mason. "We are getting a lot of people who know Di Castri's work, but are hoping to attract new fans as well."

The models on display show Di Castri's love of angles, flat roofs and big glass windows. They have obviously been crafted with a great deal of time and care, as well as careful attention to detail. Mason says the students were intimidated by the project at first, but were surprised by their own ability. It really provided a great opportunity to understand architecture.

All of the work on display is stunning and incredibly original, but the model of the Dunsmuir Residence at Ten Mile Point in Cadboro Bay is especially striking. Also a favourite are the sketches of Di Castri's graduate thesis project, a community centre in Oklahoma City. The drawings show a very futuristic vision and foreshadow his future buildings.

By using models built by students, this exhibit achieves one of the Maltwood gallery's goals.

"We really try to integrate history and art courses here at UVic with what goes on in the Maltwood. The gallery is here for students, and we encourage people to come by and have a look," says Mason.

This exhibit, which runs until Nov. 9, is definitely worth a look, and serves as a good introduction to a truly innovative West Coast architect.

LINLEY FAULKNER PHOTO

A model of one of John Di Castri's buildings on display at the Maltwood Art Museum.

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Rockabilly's 'greatest bill ever' goes from great to worse

Victoria's Switchblade Valentines lack strippers, corporate sponsors or anything 'thing' at all

by Jessica Smith

Pauly Valentine is shirtless, hairy and sweaty on the drums. Alec Valentine leans on his standup bass, his greased Mohawk plastered to his forehead. And the skull tattoos on Mikey Valentine's arm shine and ripple as he plays guitar. They're working hard.

"This is one of the greatest bills this country has ever seen for this type of music," says Ryan P. Fogarty, lead singer of the Switchblade Valentines, the first of four rockabilly bands in the Back To Reform School Rockout show at Sugar last Friday night.

The Switchblade Valentines are followed by the Creepshow, Big John Bates and the Voodoo Dolls, with The Matadors headlining the show. The bill is an impressive list of Canada's rockabilly and psychobilly bands, but somehow backwards—usually the best band is saved for last.

A few hours before the show starts, in the parking lot behind the club, the Valentines talk over cigarettes and pizza about the night's lineup, rockabilly tradition, corporate sponsorship and gimmicks. Fogarty describes the bill as diverse for the rockabilly scene, "the only similarity [between bands] is the standup bass," he says.

The Valentines are the most straightforward act of the night. Unlike the other three bands, they don't incorporate a horror show, burlesque dancers or corporate sponsors into their act. Their music sounds closest to the hot-rods-and-greasers blues-inspired rock-'n'-roll roots of rockabilly. "Our thing is to not have a thing. We're just all about rock and roll," says Fogarty.

While horror is a common theme in contemporary rockabilly, the Valentines don't rely on it.

"As far as the horror stuff goes, we don't sing about zombies and werewolves," lies Fogarty. "Yes, we do, but we don't make sure we sing about zombies and werewolves," he laughs.

The apparent theme of the night's show isn't horror or burlesque, it's Jagermeister. Big John Bates is sponsored by Jager and the Creepshow plays on Jagermeister instruments. "Apparently tonight we're kind of sponsored by it; it's all over the place," says Fogarty. Inside there are orange banners everywhere and a giant blow-up bottle at the merch table. The backstage area is littered with bottles of Jager and orange juice. Fogarty and Pauley Valentine describe the scene in the back as "hardcore" and "pretty extreme."

The Valentines are a little uncomfortable with the corporate sponsorship, but not adverse to it in the right circumstances.

"For us to go that far, and plaster someone's name all over the place, it would have to be something pretty substantial," says Fogarty. What would it take for them to put up ads all over the stage? "Fucking help with tour," he says. "Booze isn't a shortage on tour. Food is a shortage on tour, money is a shortage on tour, a trailer is a shortage on tour. We'd get sponsored by U-Haul for a fucking trailer. It's something totally useful."

Their ideal sponsor is something they need more than a trailer, however: "A record label," says Fogarty, "that would be the best."

The Valentines' set is only half an hour, and since it's still early in the evening, the club is only half-full. They're followed by the Creepshow, a talented horrorbilly band from Toronto fronted by Hellcat, their tattooed vocalist with a red beehive, horns and a stage presence that alternates between sexy and scary.

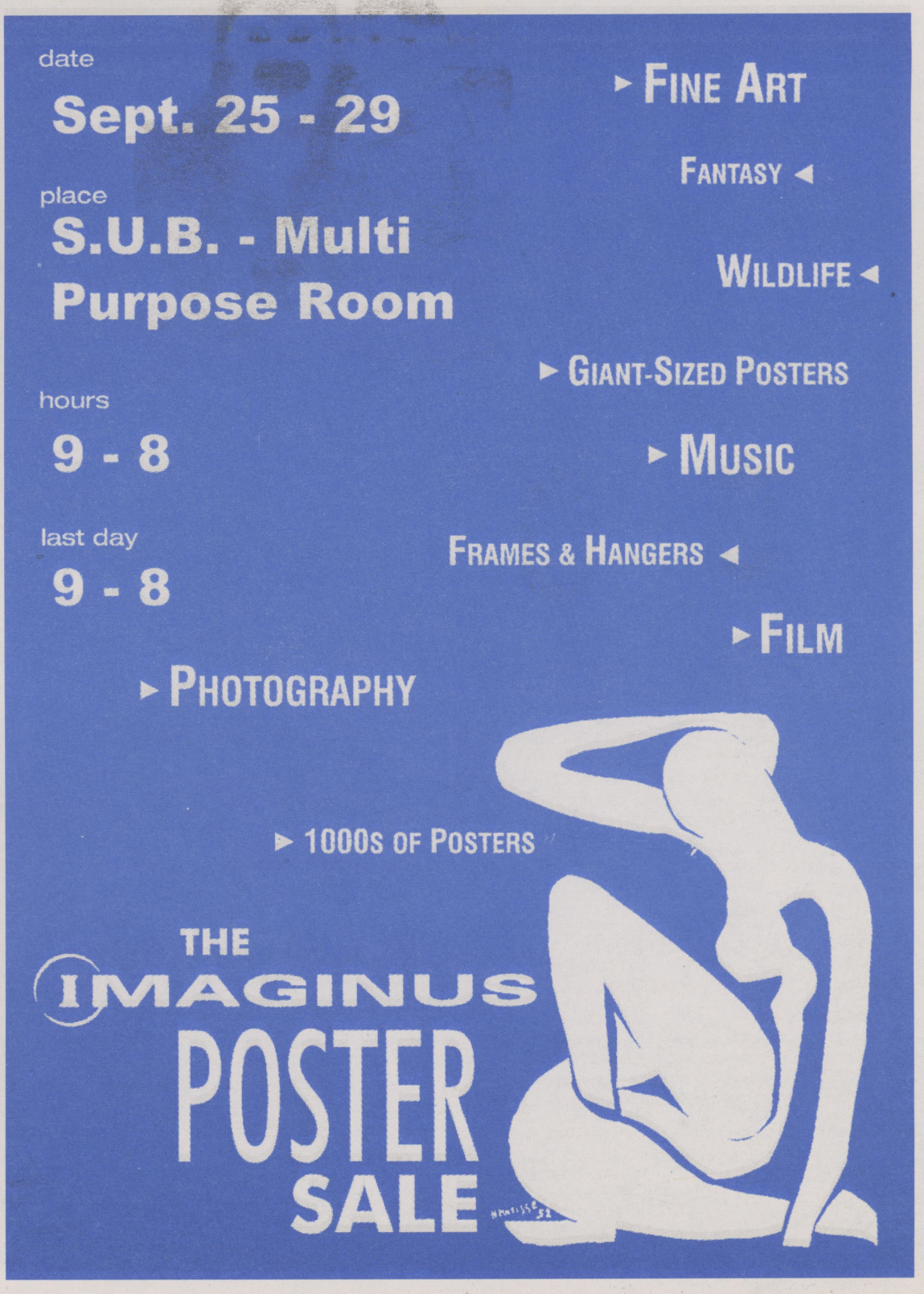
"We're going to slow it down in here; it's going to get very romantic," she says before a downtempo number about corpses, and screams "grab your fuckin' balls if you have to," when she badgers the audience into singing along. Her rendition of The Misfits' "Halloween" causes an uproar in the mosh pit.

The Creepshow is followed by Big John Bates, a psychobilly band from Vancouver, and the Voodoo Dolls, two burlesque dancers. Their music is less sophisticated than the preceding bands—they're basically a decent garage punk band with a standup bass—but their show is bigger. The Voodoo Dolls wear, and take off, schoolgirl uniforms and nurses' outfits, shake their nipple tassels, dance with lit torches and pour Jagermeister into open mouths in the crowd.

The biggest show of the night belongs to the Matadors, a tasteless horrorbilly band from St. Catherine's, Ont. Lead singer "Hooch" tries hard to be offensive, telling the crowd he'd like to set some hippies and homeless people on fire, promoting drunk driving as "natural selection at work," and calling gay people sexual deviants and comparing them to child molesters. Their show includes a lot of smoke and lights, and a guy in a red Grim Reaper costume who uses skeleton and corpse toys that shoot toilet paper and water at the crowd.

MARCELA TREJO PHOTO

Big John Bates and the Voodoo Dolls pose with a big bottle of their sponsor.



CD Reviews | Subhumans, Hellogoodbye, Justin Timberlake and The Roots

Zombies! Aliens! Vampires! Dinosaurs! Justin Timberlake!

by Laurie Graham

Subhumans (Canada)
New Dark Age Parade
G7 Welcoming Committee Records

It's been over 20 years since Vancouver punk outfit Subhumans put out an album of new material. What a bloody relief they still know how to do it, and what a surprise—the Subhumans are better than most at honest-to-goodness fuck-you punk.

Granted, you can hear the age on these guys. Their sound is clean in a dirty way, and solid as a swift boot to the throat from someone old enough to be your dad. Lead singer Brian "Wimpy-Roy" Goble yells about society's ills in a way that is both raging and measured—not to mention sardonic—because, hell, they've been pissed off about pretty much the same stuff for decades.

Maybe it's because every second album these days is a social commentary album, an "I'm-opposed-to-the-current-U.S.-administration-and-that's-gonna-make-me-popular" album, that I was worried at first that the Subhumans were just following the herd with this disk. Give New Dark Age Parade, oh, four-and-a-half, five seconds and you'll hear strains of Vancouver's punk past, as well as a measured, unyielding critique of everything from celebrity to war to greed to homelessness. Somehow, all these issues become connected, almost indistinguishable, by the end of the album. As guitarist Mike Graham says, New Dark Age Parade constitutes "14 new attempts to make sense of what the world has become." Jello Biafra also gets first acknowledgement in the liner notes, and that alone is enough to make a person want to listen to this album. Loudly.

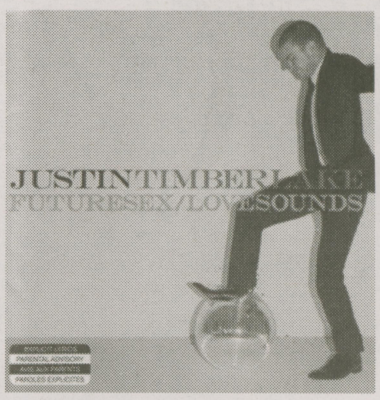
by Kevin Ehman

Hellogoodbye
Zombies! Aliens! Vampires! Dinosaurs!
Drive-thru

If The Village People and Fall Out Boy had an illegitimate love child, its name would be Hellogoodbye. The brainchild of front man Forrest Kline, HGB is a California-based dance-pop foursome that is equal parts emo and disco, and it's this blend of sounds that has attracted their equally diverse fan base—although a stint on the Warped Tour and an appearance on the *Real World* didn't hurt. The follow-up to 2003's self-titled debut album, *Zombies* is a buffet of musical tastes, but unlike so many before them, HGB manages to make this hodgepodge sound remarkably cohesive.

The album begins with its two strongest tracks, the synth- and vocoder-laden "All of Your Love" and the Cher-reminiscent "Here (in Your Arms)." Both of these undeniably catchy tunes may initially alienate the cool kids due to their cavity-inducing sweetness, but one or two listens later, the most cold-hearted scenesters will be nodding their heads. Other standouts include the acoustic ditty "Oh, It Is Love," which brings to mind fellow, albeit slightly more serious, popsters The Shins, and The Beach Boys resurrecting "Baby, It's Fact."

Considering Kline got his start as a graphic-design intern at Drive-thru and only started making music at the prodding of label higher-ups, Hellogoodbye looks, sounds and feels like the real deal. Religious touring and an out-of-control live show have earned these boys a reputation as crowd-pleasers and gained them a dedicated following. All that remains to be seen is if they can reach the level of fame achieved by contemporaries Panic! At the Disco—but don't be surprised if they do.



by Sarah Lawley-Wakelin

Justin Timberlake
FutureSex/LoveSounds
Zomba/Sony

From curly-haired boy-band icon to self-proclaimed sex god, Justin Timberlake has certainly changed. His image isn't the only thing that has been given a makeover—his sound is pretty different as well.

FutureSex/LoveSounds delves into a fresh mixture of electronic and R&B roots for a package that is especially delicious for the club scene or a workout session. Its first single, "Sexyback," will be remembered as an annoyingly catchy summer hit of '06 and many people's guilty pleasure. In it, J.T., whose voice is synthesized so much that I thought he was a girl at first, basically tells you you're not as hot as him. Why are you even trying, boys?

The entire album follows along he same sexually charged lines, with Timberlake crooning about how many "Sexy Ladies" he has on the dance floor, or, on the opposite end of the spectrum, how pissed off he is that you cheated on him. Maybe he's still angry about Britney. However, if you can get past the painfully cheesy, clichéd and highly sexualized lyrics, it really isn't that bad an album. The ballad "My Love" shows off J.T.'s highly controlled falsetto and melodic symphony-like accompaniment, and the way the album flows together as a single entity is quite a change from the singles-charged CDs that usually get produced. As a package, it's quite enjoyable.

You just can't take it very seriously.

by Laura Cameron

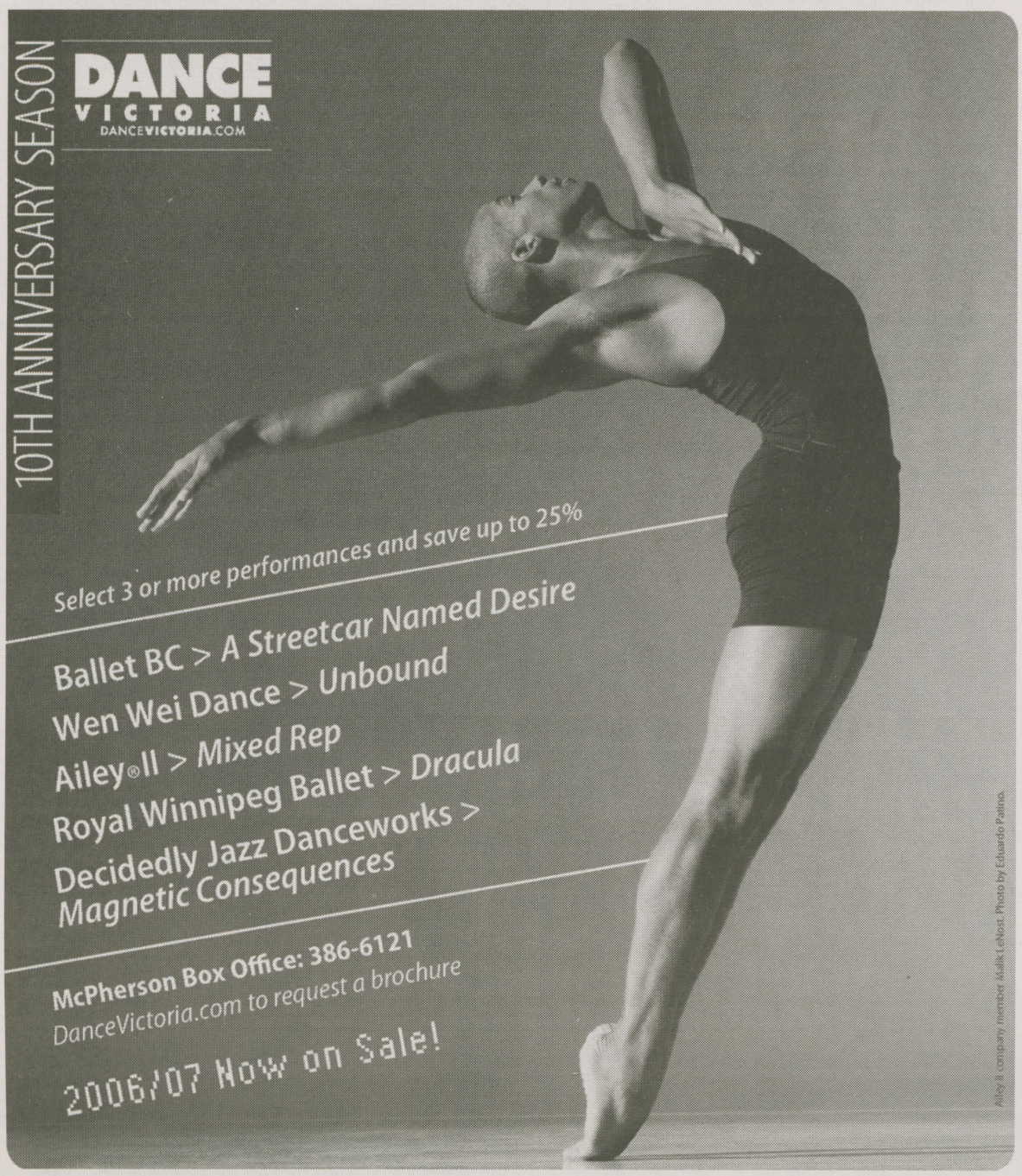
The Roots
Game Theory
Def Jam

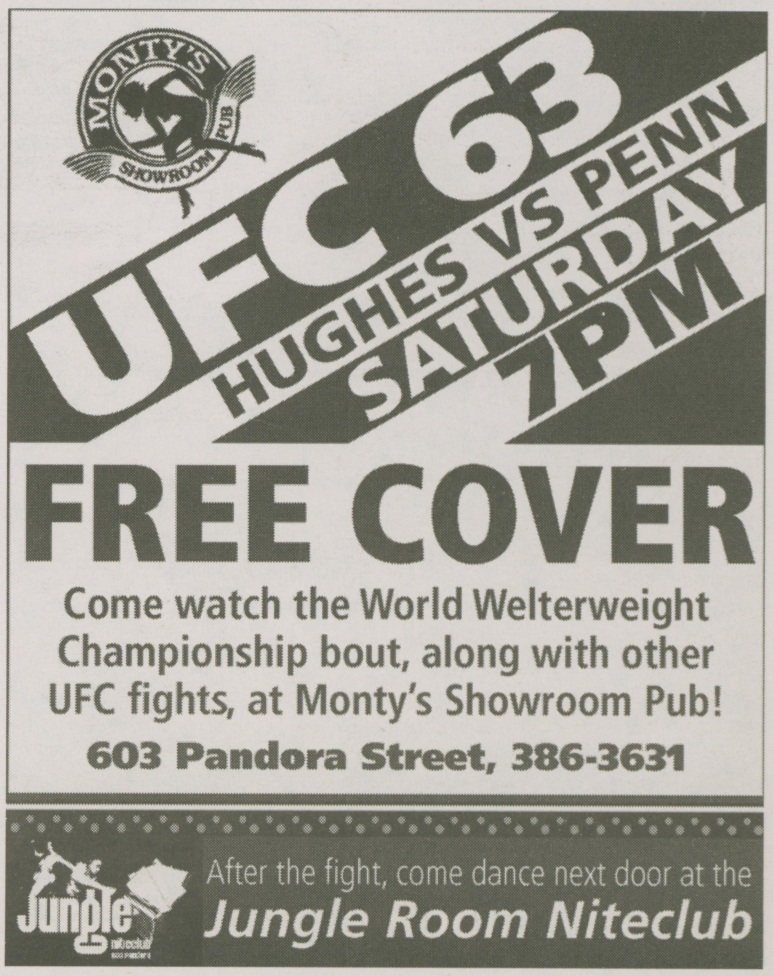
The Roots' *Game Theory* has received critical acclaim for the group's long-anticipated return to the underground vibe they earned their name for. Ironically, this nonconformist album was released on Def Jam, a label known for mainstream hip hop.

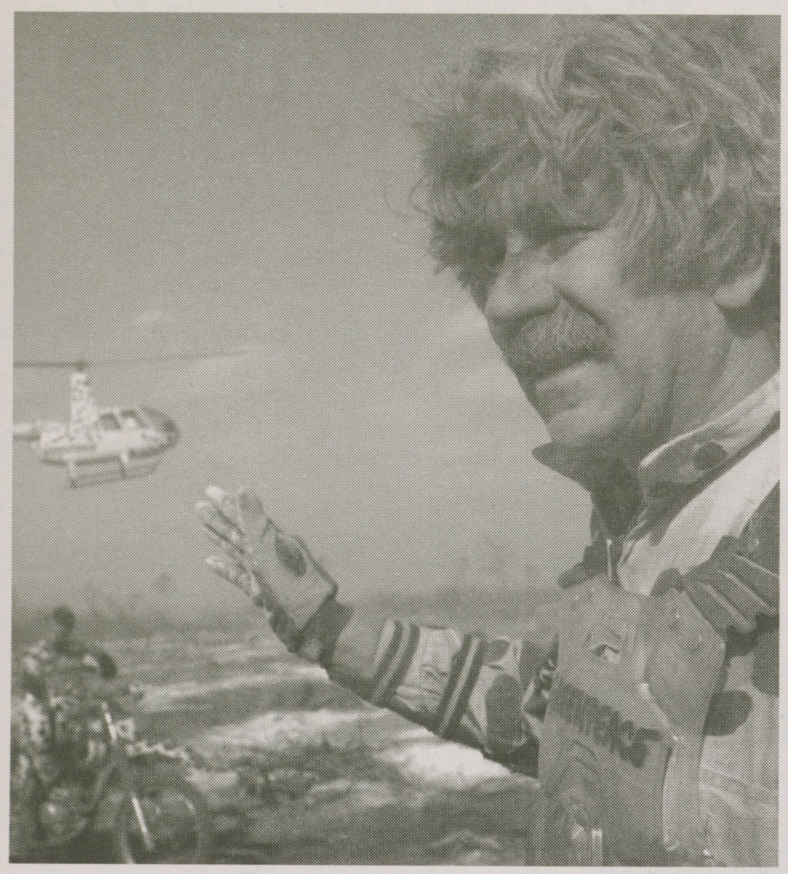
The snob appeal is in the album's heavy social commentary. While the theory of the game is back-to-basics, the provocative lyrics put a refreshing spin on hip hop's traditional political rhetoric.

Instead of the perfunctory "when crack hit the streets" rhyme, Wadud Ahmad's baritone laments the contemporary prescription drug epidemic in "False Media." MC Black Thought has transitioned from his bread-and-butter battle lyrics to world-weary macabre poetry he compares to Harlem Renaissance writer Langston Hughes.

Most notably, this album has been praised for continuity. While the lyrics read like a militant manifesto, the album listens like a fluid mix playing in a dark speakeasy. It should be enjoyed from start to finish because of the attention ?uestlove pays to the sequence and progression of tracks. As a result, many of the songs should be listened to within the wider context of the LP. *Game Theory* is in no way a feel-good album, but it will be remembered in the annals of hip hop with the likes of NWA's "Fuck tha Police" for its subversive commentary.







PROVIDED PHOTO

Greenpeace International co-founder Rex Weyler surveys the destruction of ancient forests in Argentina.

Greenpeace makes a stand

Yet documentary avoids controversy

by Alex Gillett

I stare in awe and confusion as a 60-year-old man in a jaguar-print suit races an off-road motorcycle across my television screen. Believe it or not, what I am watching is not just another senseless reality TV show. This is in fact the opening scene of a new documentary: *Greenpeace: Making a Stand*, which will air on Sept. 23 at 7 p.m. ET/PT on Global.

The documentary, produced and directed by Leigh Badgley, is based on *Greenpeace: The Inside Story*, a recent book by a photojournalist and one of Greenpeace's founding members, Rex Wyler.

The film looks at the 35-year history of Greenpeace, from its early efforts to save the whales and fight nuclear bomb testing in the '70s, to a recent campaign to save the Chaco forest in Argentina.

Fifty-nine-year-old Weyler and the late co-founder of Greenpeace, Bob Hunter, whom *Time* magazine honoured as one of the eco-heroes of the 20th century, have played key roles in the program.

Interviews with Weyler and Hunter, footage and still photographs are woven together in the first 20 minutes of the film to paint a picture of the early, idealistic days of Greenpeace.

The focus then shifts to the present. Gone are the days of starving, camera-toting hippies riding in Zodiacs alongside whaling boats on B.C.'s coast; Greenpeace is now a high-powered enterprise with an annual budget of $100 million. Their actions, or "mind bombs," as Hunter called them, have become increasingly radical.

Today, a whole new generation of activists exists, including John Wattenberg, a 27-year-old campaigner from New York.

Making a Stand follows Wattenberg and Weyler as they join the Greenpeace Jaguars—a group of dirt-bike-riding activists in Argentina who stop bulldozers from clearing the land for soy crops and displacing the native Wichi people. At one time, the land was also inhabited by jaguars, the inspiration for the protesters' flashy outfits.

In typical Greenpeace style, the Jaguars stage a protest with rock stars to pressure the Argentine president into granting protected status to the land.

While this film does provide insight into Greenpeace and two of its founders, it leaves out a lot of the more controversial aspects of the group's history.

Not only does Badgley neglect to interview anyone involved with the actions that Greenpeace opposes, she makes no mention of the group's other co-founders, such as Patrick Moore or Paul Watson, who left Greenpeace due to concerns about the group's leadership and confrontational activism. In addition, when the film jumped directly from the 1970s to the present, I was left wondering what happened in the interim.

When the program was over, I felt like I'd just seen a 45-minute advertisement for Greenpeace rather than a documentary. Unless you have a penchant for jaguar-print, I wouldn't reserve your Saturday night for this strongly biased documentary.

Poet, punk and poet again

Thurston Moore on rock, fame, orange juice and cocaine

Thurston Moore
Alabama Wildman
Waterrow Press

by Steve Carey

In 2000, New York rock icon Thurston Moore, front man of Sonic Youth, released a book of poems, fiction and interviews. Throughout the 122-page *Alabama Wildman*, Moore has assembled a collection of lower-case over-bracketed poems, shortening words (/yr and /w) while splitting voice with parentheses like a typewriting beat poet.

It's pretty good, if you're into that sort of thing. A grammar nut or Poet Laureate would be offended by this book, but for the average weird-for-fun reader or collector of eclectic things, this is a delicious little read.

For those who don't know Moore or Sonic Youth, here's the rundown: super tall and lanky 17-year-old kid from Connecticut moves to New York in 1969 with dreams of being in a wicked punk band, but the best he can do is art rock. He works at odd jobs and can't figure out what to do with life. Flash to 1977: he reads all the time, tries to make rent, practises and creates every day, and eventually meets a girl. They fall in love and become anchors in the New York music scene when their band, Sonic Youth, releases its first album in 1981.

Moore's writing is at its best when he's writing about the past. His "on the loose" journal entry that introduces the book is fantastic, painting a vivid portrait of his life in New York up to his meeting with Kim Gordon, his life partner. His poetry is a combination of post-modern ramblings and name-dropping storytelling.

Unfortunately, there isn't much insight into Moore's past in the book. The only non-fiction is an interesting piece about two artists in a loft apartment forming a connection built on rock, fame, orange juice and cheap cocaine.

While Moore's background is largely undocumented, this book helps piece together parts of his early years by including photos, poems and transcriptions of interviews—some crazy, some bland.

The afterward is written by Richard Meltzer, a renowned rock critic who wrote one of the first books on pop music in the '70s. Meltzer's style is eclectic and disorganized, and as one of Moore's icons, his influence is everywhere.

Meltzer pegs Moore's book as being about women, real or imaginary. With a brash hand, he's able to strip aside the imaginary quality of Moore's retrospective writing and debunk certain sections. Meltzer goes so far as to say that Moore never had sex with Lydia Lunch, but Meltzer did, and it was awesome. He also rips into a story Patti Smith told him versus the version she recorded in an interview with Moore, eventually calling her a liar.

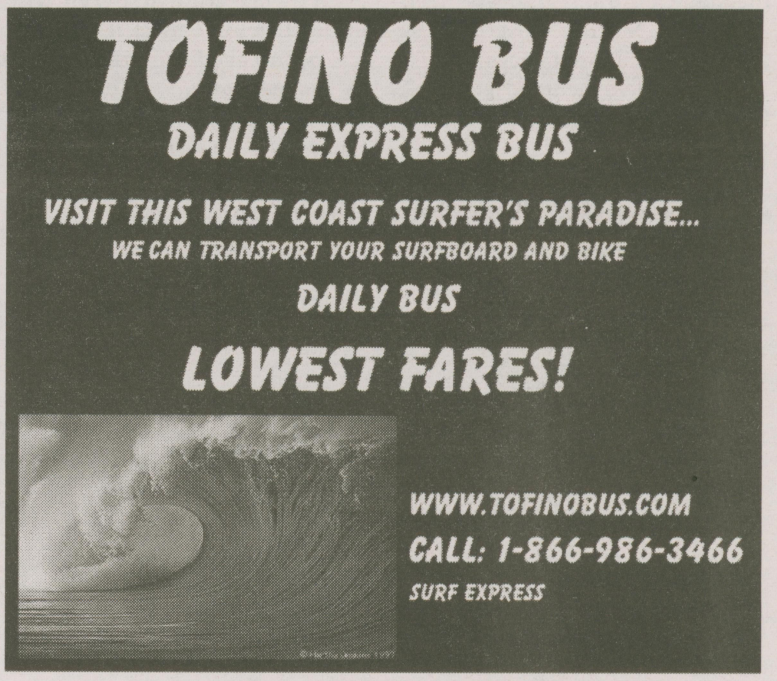
No idea who these people are? Moore's books function as a gateway into a surprisingly well-documented culture surrounding them. I suppose this is what happened to beatniks in New York when beatniks weren't around anymore.

This is different from Moore's other self-published zines, normally string- or staple-bound and distributed through his website.

A poetic standout is "the ineffable me." The lines "cant catch me i'm syntax free i'm preconceived preternaturally – i don't invest in what is best your once and for all means shit to me" truly describe Moore's poetry.

Alabama Wildman should be ingested slowly, and because of its mish-mash format, it's impossible to read in one sitting. One's fondness of Moore's history or his crosshatch of poetry will really determine whether or not to pick up this hard-to-get book.

alabama wildman
thurston moore



Native Students Union

O'Siem Na Si'aya

The University of Victoria Native Students Union is holding its Annual General Meeting on Thursday, October 3, 2006 in the Student Union Building, room B025 at 4:00 pm. NSU invites all self-identified Aboriginal undergraduate, graduate and alumni students to attend. Refreshments will be served.

Hay c qa Siem,
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A Service of the UVic Students' Society

Poetry for planet Earth

by Diane Grieve

"In this world of chaos and death ... poetry is what connects us," said MC Wendy Morton at the launch of Planet Earth Poetry, the new name for the Mocambopo Friday-night poetry readings Morton calls the "best poetry series in Canada." After 11 years at Mocambo Coffee, the poetry night has moved to the Black Stilt Café, located across the road from Hillside Centre.

Planet Earth Poetry follows the same structure as Mocambopo, with a featured reader and an open mic portion of the evening, which provides non-established poets the chance to read alongside local and national notables such as Lorna Crozier, Sheri-D. Wilson and P.K. Page. Normally the readings have a $3 cover charge, but to start the series "with a blessing," Morton asked audience members to instead purchase African AIDS Angels. The profits from the angels, handmade by volunteers, go towards buying essential supplies for AIDS-related projects in Sub-Saharan Africa.

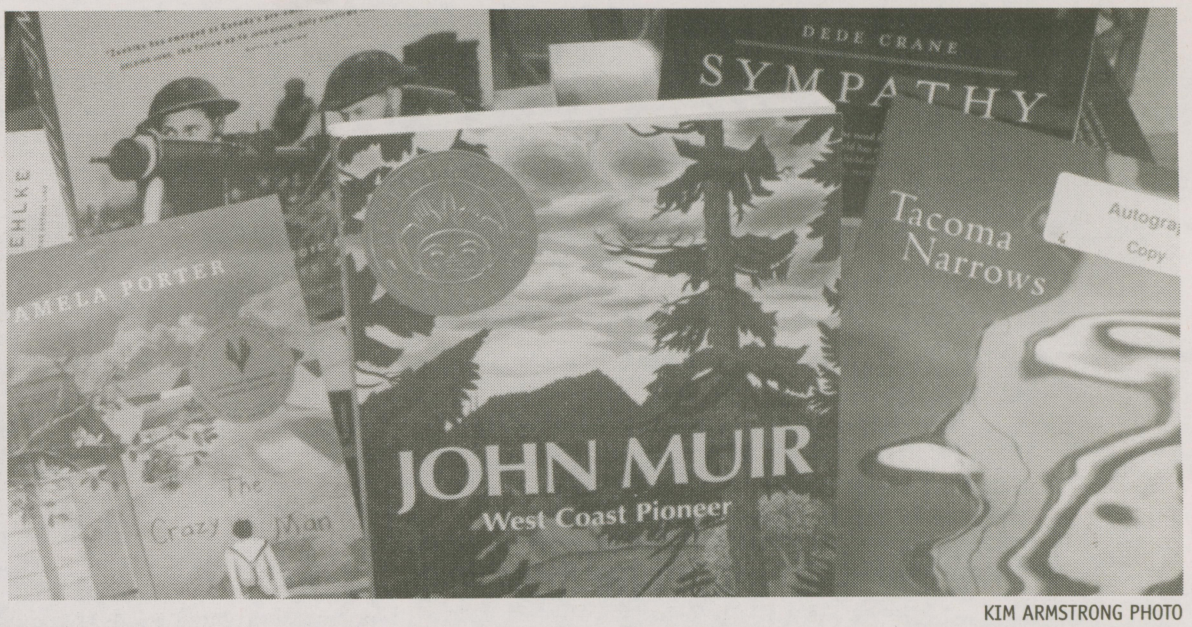
To celebrate the start of the new season, poets and poet-enthusiasts read their favourite poems by other writers. By the time the first reader, Mayor Alan Lowe, took to the stage, all the seats were filled and what Morton described as "one big joyful event" began.

Other readers included Victoria's Poet Laureate Carla Funk, Victoria *Times Colonist* editor-in-chief Lucinda Chodan and Governor General Award recipient Pamela Porter. The poems were as eclectic as their readers—the rapt audience heard everything from Shakespeare to Emily Dickenson to Leonard Cohen. Black Stilt owner Dave Crothal showed his enthusiasm for poetry and his new clientele by reading the lyrics to *Wheat Kings* by The Tragically Hip.

Morton chose The Black Stilt as the new location because of its comfortable ambience, its proximity to UVic and Camosun College and because the coffee house has a working stage for the poets to read from. She said "in two seconds we made the decision," upon entering the Black Stilt, for the new home of Planet Earth Poetry. On other nights of the week, the stage can play host to musical acts.

Planet Earth Poetry adopted its name from the P.K. Page poem *Planet Earth*, which was chosen by the UN as part of a program to foster dialogue among nations. Perhaps, then, the new name is fitting for a group that sees itself as a "launching pad for the energies of writers and poets established and not" and provides a place where "words are most important."

On Friday Sept. 22, Planet Earth Poetry will feature past UVic writing instructor Patrick Lane, who has been called the greatest poet of his generation. The readings start at 7:30 p.m.



KIM ARMSTRONG PHOTO

The Butler Book Prize finalists include works by Daryl Ashby, Mark Zuehlke and Mitchell Parry.

Five finalists for Butler Book Prize announced

by Kim Armstrong

Writing for a living is not usually the most lucrative profession. The City of Victoria Butler Book Prize, a $5,000 award given to an author in the Greater Victoria Capitol Regional District, is doing its bit to relieve starving artists.

The five finalists of the third annual book prize were announced on Sept. 1. The short-listed authors were selected by an appointed jury from 28 submissions in four categories: fiction, literary non-fiction, poetry and children's literature. The fifth category, drama, received no submissions this year.

"I'm really flattered," said Mitchell Parry, former sectional teacher at UVic and author of the poetry anthology *Tacoma Narrows*. "I know, just from looking at the long list of books considered, that I'm in good company."

Tacoma Narrows, named for its title poem about the 1940 collapse of the Tacoma Bridge, was shaped over a number of years, taking a life of its own in the process.

"It's all about chaos and disaster, which I hadn't expected when I started writing it. I thought it would be about birds and cats and things," said Parry. "I mean, it's still got birds and cats, but they're [secondary]."

Daryl Ashby submitted *John Muir: West Coast Pioneer*, a historical biography based on the life of a Scottish immigrant family who came to British Columbia in the 1840s. Ashby is an independent historian who has spent over 10 years researching the Muirs. He is currently working on a book about early Canadian history.

John Muir spent his early years working in the coal mines near Fort Rupert on Vancouver Island and came to own the first successful steam-operated sawmill in the province and the largest private fleet in the Northwest. He later became a magistrate and then a member of the first legislative assembly.

Pamela Porter's free-verse novel, *Crazy Man*, was the only young adult submission to make it to the final five.

"It's huge for me, especially because I spent 29 years as a writer before getting a book published," said Porter, who teaches a poetry workshop at UVic. "I'm used to writing away in obscurity—I'm not used to all the attention."

Dede Crane's novel, *Sympathy*, explores the recovery of a young woman who enters a catatonic state when she survives a car accident that kills her husband and son. She is admitted to a psychological clinic where her recovery is aided by her psychologist's controversial new "sympathy-based" treatment and through her interactions with the other patients in the ward.

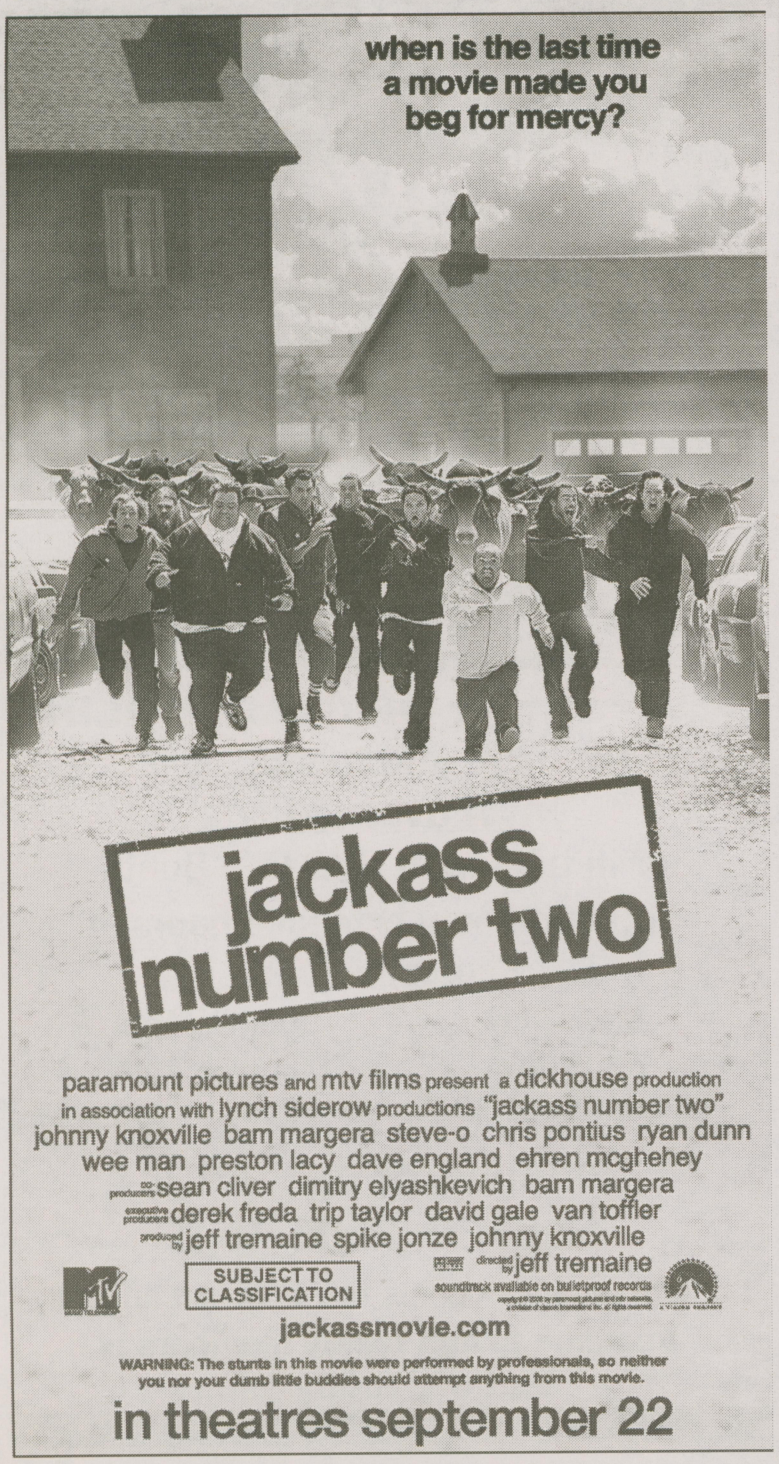
Holding Juno: Canada's Heroic Defense of the D-Day Beaches: June 7-12, 1944 is Mark Zuehlke's second historical non-fiction work about the 3rd Canadian Infantry Division in Normandy. His first book, *Juno Beach: Canada's D-Day Victory: June 6, 1944*, was also shortlisted for the Butler Book Prize in 2005.

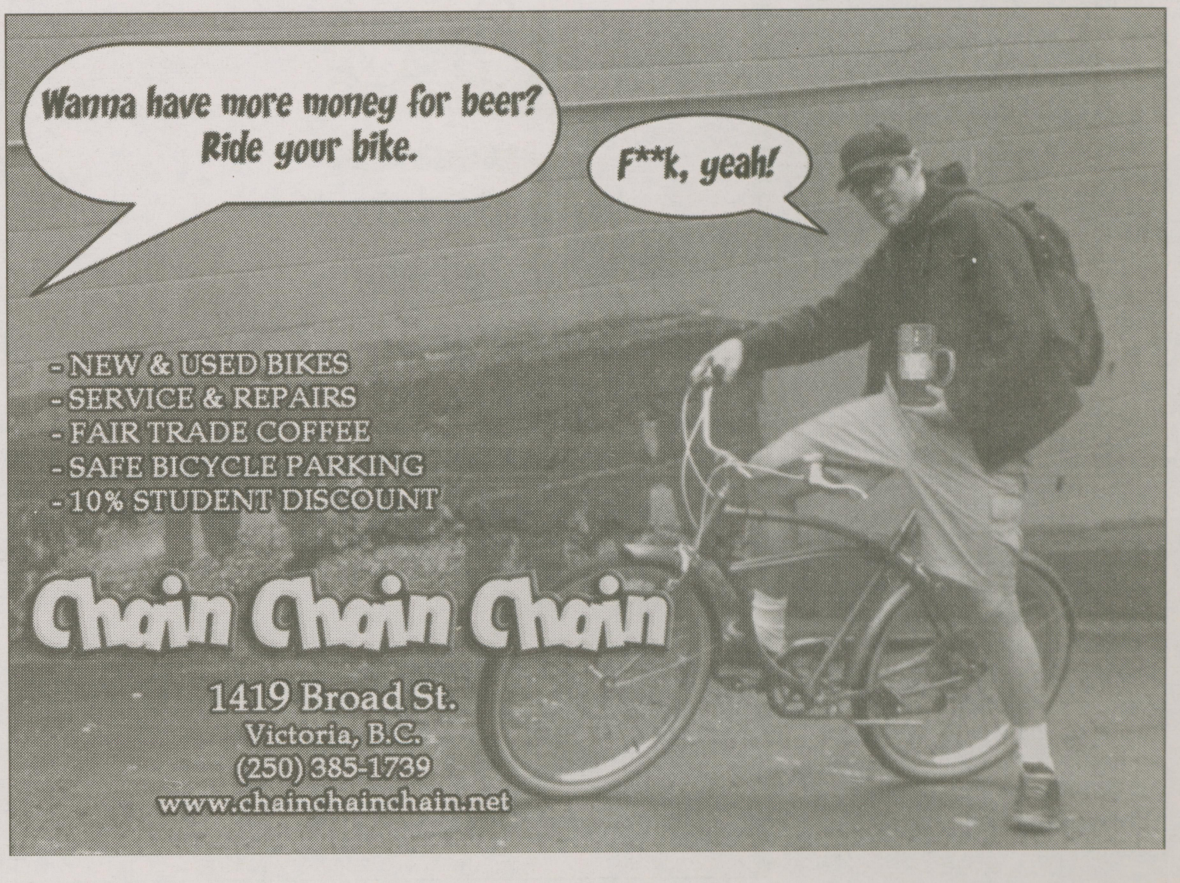
Holding Juno is written through the eyes of the soldiers on the front lines rather than from the perspective of those in military office.

"As a non-fiction writer, it's good to see your work has value as a dramatic work," said Zuehlke. "In the world of creative non-fiction, that's always up for debate."

Announcement of the final winner will follow an evening of author readings at the Union Club on Oct. 18.

"I've realized from years and years of experience that once a jury pares a shortlist down to five," said Porter, "every one of those five [deserves] to win."





SATCo laboratory

Grimm Tales of a mouse and a bird

by Martina Avis

"Once upon a time, a mouse, a bird and a sausage went into partnership," begins *Grimm Tales,* last week's Student Alternative Theatre Company (SATCo) production.

SATCo provides something of a scientist's laboratory for theatre students. Ming Hudson, head of the SATCo board, said that since the cost of admission to the plays is by donation only, the student theatre company "makes theatre accessible to students who may not be able to afford to come to mainstage Phoenix productions.

"[SATCo] also gives students within the theatre department a greater opportunity to put up work that they want to do," said Hudson. "It's a place for directors to direct shows they want to do, designers to design shows they want to do, [and] actors to act in things they might not have the chance to otherwise." The quality of SATCo's productions varies greatly, but that's a part of "what's fun about them," said Hudson.

As a cheap and easy way for students to put on a play, SATCo's format allows for more experimental and cutting-edge plays to develop. Often shows are tested as SATCo's, where there is no financial risk to students, before they are entered in the Victoria Fringe Theatre Festival.

SATCo's eight-week season began with the impressively polished *Grimm Tales* in the Phoenix Building's Barbara McIntyre theatre.

Grimm Tales has a refined focus on the bizarre, music like thunder, and a masterful use of humour, making the play a riveting spectacle with a pungent mood. The play's Titus-like fairy tales have characters that totter on spastic wheels of fortune. *Grimm Tales* was written, with the help of the Brothers Grimm, by second-year theatre student Barb Hall and put together in six days of rehearsals with cast and crew.

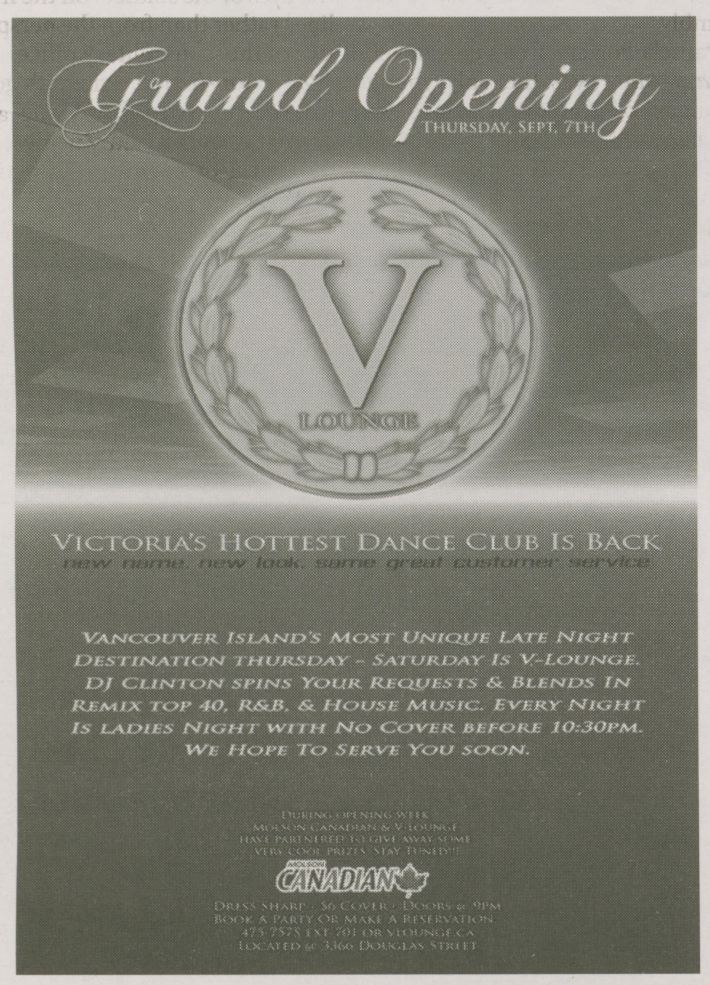
"We really wanted the whole directing style and approach to the show to be, and we knew it needed to be, collaborative," said *Grimm*'s director Jesse Fleming when asked about the process of the show. With only six days to rehearse, Fleming and Hall allowed actors to make "major decisions about their characters" as a way of helping them to quickly become comfortable in their roles.

After a successful three-day run, *Grimm Tales* has finished its life as a SATCo production, but it may be revived at some point in the future.

Next week marks the opening of the second SATCo play of the year, and they will continue in quick succession for the next seven weeks. The next play, *Down the Road* by Lee Blessing, is directed by Jane Dunlop, and runs Sept. 26 and 28. It will tell the story of a crime-novel-writing couple and the serial killer who comes between them.

SARAH LAWLEY-WAKELIN PHOTOS

SATCo allows the cast of *Grimm Tales* to make 'major decisions about their characters.'



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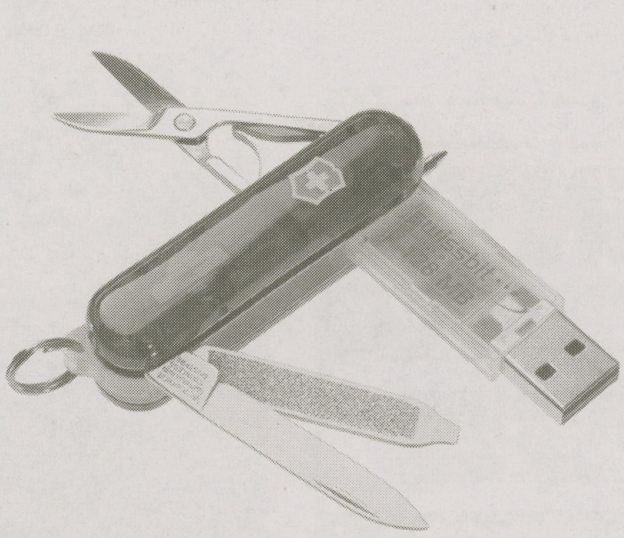

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Prevent the spoiling of movies for all

by Norman Ed Baskerville

When anticipating the release of a movie, it's now common to give in to the temptation to see a substantial portion of the film revealed on Internet pages before deciding to commit to a showing. There's no need to develop your own movie tastes in the 21st century, because there are plenty of websites offering videos and spoilers to help you decide what you like.

Okay, no one wants to waste hard-earned money on a bad movie, but relying on Rottentomatoes.com or the Internet Movie Database to sift out the stinkers seems like voluntarily narrowing the scope of possible cinematic experiences. Whatever happened to understanding that "not knowing what will happen next" is necessary for a story to be received as effectively as its creators intended?

In 1982, when *E.T. the Extra Terrestrial* was released, countless trailers showed in theaters and on television, but they never showed a single frame of the pug-faced alien. That was part of the fun—finding out what the critter would look like. After all, doesn't foreknowledge of a movie's plot, theme or suspenseful hook dull the experience?

Today, you can't go to a theatre or video store without overhearing some drone proudly reveal an aspect of the plot. It's as if these people think their ability to browse successfully through entertainment web pages somehow makes them clever; that regurgitating iFilm clips or spoiler blogs makes them thoughtful film connoisseurs.

Even my 65-year-old father cross-references movie pages and blogs before deciding what to watch. Later, when he watches the actual movie, he tells me he's seen it before, even if it's a new release. Well, of course he thinks he's seen it already—he's just watched a five-minute Internet trailer and read three reviews of the damn movie. He could have written a passable film studies paper on it.

The simple truth is that a film is meant to be seen in its original format of between one-and-a-half and three hours. Spoilers, teasers and even carefully constructed promotional trailers are taken out of context and can highlight the funny or emotional aspects of the film, or make the whole production look tedious.

The opinions of others are valid measures of a movie's worth, but there is no guarantee that *you* will like it just because it is a blockbuster or a critics' darling, or because the five-minute video advertisement made it look good.

Modern moviegoers still want to be entertained, to feel strong emotions, to be scared or excited, but they also want the comfort and reassurance of the familiar. Stories use similar plots; superheroes made popular 80 years ago take to the screen over and over again and there is a wealth of sitcom-to-movie and remake productions available for your viewing pleasure. Relaxing at the movies has grown to be synonymous with seeing what we have seen before, or trying to see parts of it before we even get to the theatre.

ANTHONY FRATTAROLI GRAPHIC

CFUV 101.9 FM

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2. THE HIDDEN CAMERAS *
   Awoo (Evil Evil/Outside)
3. BARLEY WIK †
   Beyond The Dawn (Pacific Music)
4. SOUNDTRACK *
   Leonard Cohen: I'm Your Man (Verve Forecast)
5. CUT CHEMIST
   The Audience's Listening (Warner Bros.)
6. THE DEARS *
   Gang Of Losers (MapleMusic)
7. JUNIOR BOYS *
   So This Is Goodbye (Domino)
8. GRIZZLY BEAR
   Yellow House (Warp)
9. SEAN LENNON
   Friendly Fire (Capitol)
10. VARIOUS *
    Classic Canadian Songs (Smithsonian Folkways)

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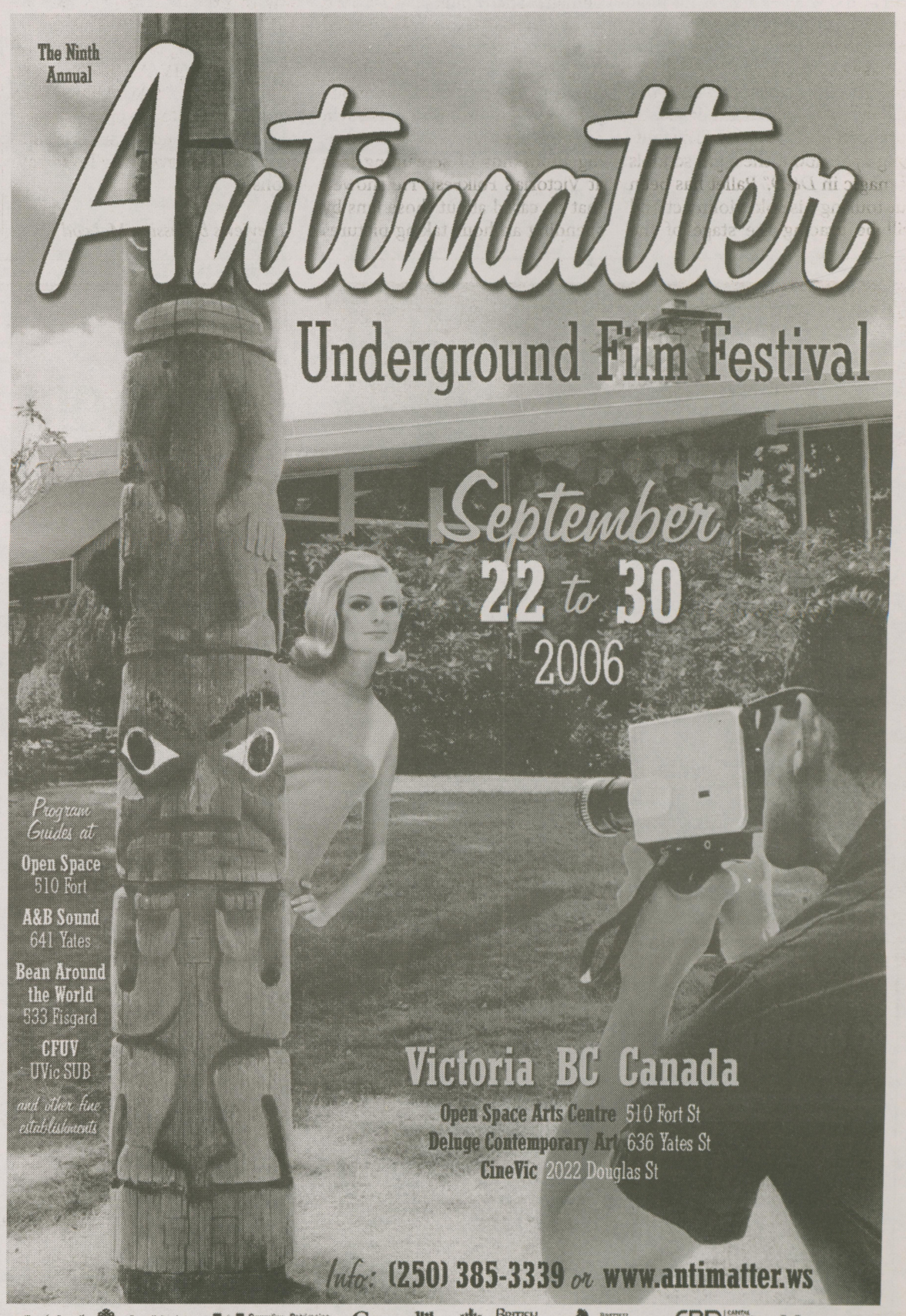

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EVENT PREVIEWS | UNDERGROUND FILM, PHILOSOPHY AND TRENDY D&D

Antimatter Film Festival

What do you do when you don't want to see commercials with your films? You go to Antimatter, the anti-Hollywood, anti-censorship film festival. Starting on Sept. 22, Antimatter will launch its ninth annual film fest focusing on entertainment that falls outside of the mainstream. Created as a venue to, according to the Antimatter manifesto, draw attention to "imaginative, volatile, entertaining and critical works", it gives a home to ideas otherwise unseen by contemporary society. The festival ends Sept. 30, with the exception of the "*We Make Our Own Television*" installations, which will continue until Oct. 21 at Deluge Contemporary Arts. The eight-day festival will also have installations at CineVic and the Open Space Arts Centre. Open Space will house a variety of screenings daily with start times between 3 p.m. and 9 p.m. Many of the video productions are world or Canadian premieres, putting the festival on the cutting edge of entertainment. The installations are free to view and tickets for screenings range from $5 to $8, or you can get a $30 punch card that gives you six sceenings for the price of five.

Final Fantasy

If you feel like you've been staying in too much, Owen Pallet of Final Fantasy may have the solution for you. This *Dungeons and Dragons* aficionado describes his latest album, *He Poos Clouds*, as "an eight-song cycle about the eight schools of magic in *D&D*." Pallet has been out touring his solo violin act and will be gracing the stage of the Metro Theatre Sept. 22. Doors for the show, which also features Bob Wiseman, open at 7 p.m. Tickets are $12 and you can purchase them online through Atomique Productions or in Victoria at Ditch Records or Lyle's Place. Pallet's music, which is about everything from the downfall of Japanese fascism to romance and paying taxes, is similar to the video games for which they're named—extremely emotional and significantly complex. Final Fantasy is a wonderful combination of classical elements and slightly haunting vocals that simultaneously intrigues the ear and mind.

K'Naan

Beloved "dusty-foot philosopher" K'Naan is coming back to Victoria for a soul session Sept. 23 at Sugar Nightclub. K'Naan, raised in both Somalia and Ontario, has been writing rap verses since he learned English. People are beginning to take notice of the wisdom he puts into his music. In the span of one year he went from an unknown opening act to a headliner drawing thousands of screaming fans at Victoria's FolkFest. He showed that he cared about those fans by spending an hour taking pictures and signing autographs after the show. After creating such a following, K'Naan is now able to promote widespread awareness for issues such as war and poverty, as well as unite others who are committed to resolving these issues. Fighting for peace and justice, he is an extremely humble soul and an asset to the hip-hop scene. Performing with his energetic ensemble and fellow singer Just B, the show promises to be an exciting one.

AIDS Walk

On Sunday, Sept. 24, the Victoria AIDS Resource and Community Service (VARCS) will be hosting its Victoria AIDS Walk 2006. Starting at 10 a.m. in Centennial Square, participants will carry red balloons down Government Street to the Legislature lawn to honour those who have been affected by AIDS. Once there, the walkers will stand in the formation of the Red Ribbon for a moment of silence before commencing speeches. It's sure to be quite an event. VARCS hopes to not only raise money but to generate awareness for the programs they offer, including Drivers' Program, Mobile X Outreach Van, and Home Help. Donations will be shared amongst AIDS Vancouver Island, Victoria Persons with AIDS Society and VARCS. Founded in the early 1990s as a way to provide extended care to AIDS sufferers, VARCS works to create a feeling of community for those with HIV/AIDS and their families. The 2006 AIDS Walk aims to promote tolerance, so take to the streets and show your support. Besides, everyone loves balloons.

Previews by Jessica McLeod

Chaonut wins big

Indie music videos a hit at Logan's

by Cassidy Nunn

Local independent filmmakers presented music videos to a packed house at Logan's Pub on Sunday, Sept. 17 for CineVic's second annual Reel to Reel Music Video Challenge. The filmmakers were given the task of creating a video for a piece of randomly assigned music.

Twenty songs by local groups and artists were put before a jury and eight were selected and assigned to the participating production teams. The goal was to "make a piece that would fit the song," said Mark Bowrowski, a participating filmmaker and equipment co-ordinator for CineVic. There were no real rules or regulations, which left the filmmakers with plenty of artistic freedom.

The films competed for two grand prizes of $200. A panel of judges decided one winner for artistic merit and the audience had a chance to vote for their favourite for the second prize.

The music ranged from electronica to folk to indie rock, and the videos consisted of a mix of film and animation. Images of Victoria were present in the majority of the films, reinforcing the locality of the event.

Chaonut walked away with the prize money from both categories. The three local filmmakers who made the video for *Chaonut*'s electronica piece, "Contents May Settle," met the artist for the first time at the screening.

"We tried to not have too much contact with the artist," said Adeline Huynh, one of the *Chaonut* filmmakers. "We were left with a lot of creative freedom that way."

The winning production team had never made a music video before, but Huynh, along with fellow member Kemi Craig, has a film in the upcoming Vancouver Film Festival. When asked if she would participate in CineVic in the future, Huynh said she's "definitely looking forward to doing it again."

Another member of the production team for *Chaonut*, Geoff "Tippie" Tomlih-Hood, was responsible for taking photographs of buildings from around Victoria, which were then used to create a city on cardboard that was the basis for the film.

The runner-up to *Chaonut* in the audience's pick category was Bowrowski's video of Airlock Machine's song "Pneumatic Cinematic." "Let's make a movie" and "let's make a feature" were the fitting lyrics repeated throughout the song.

"There was a specific direction to [the video]. I had to shoot it on film ... because it would convey that theme of making a movie," said Bowrowski, who walked away with 100 feet of 16-millimetre film as his second-place prize.

CineVic is Victoria's Society of Independent Filmmakers. It is an artist-run, not-for-profit organization. The prize money for Reel to Reel comes from the entry fees paid by each of the participating filmmakers. CineVic also offers filmmaking equipment for rent and acting and film lessons. They try to offer one free lesson each month.

"We're working on getting more public screenings," said Bowrowski. "This one was very successful."

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Vikes women maul Cougars

by William Bennett

The Vikes' offence kept coming and coming in a 4-2 win over the University of Regina Cougars. UVic's women's soccer team fired an amazing 34 shots in the victory, with 17 of them on target.

It was the women's soccer team's second consecutive win—they beat the University of British Columbia Thunderbirds 2-0 in Victoria on Sept. 12. Although they were missing core players against Regina, the team is "pretty strong," said forward Alli Bach. "It'll be a good season for sure." As of Sept. 20 the Vikes women are the top-ranked team in Canada.

The team looked exceptionally strong, gaining control of the ball early on and dominating the field throughout the game. Regina goalkeeper Alyssa McLaughlin blocked three shots in the first 20 minutes.

UVic midfielder Carey Gustafson finally broke through in the 23rd minute, scoring the first goal off a well-placed pass across the front of the net by Kate Hambleton.

However, the lead lasted just under four minutes, as Cougars' substitute Natalia Hernandez-Solano placed the ball into the top right corner of the Vikes' goal.

Again, it took just under four minutes for a reply. The Vikes scored in the 30th minute with a header from Liz Hansen, assisted by Amy Thorogood. Thorogood then set up Nikki Kaufmann, who found the top left corner of the net before halftime.

The Cougars cut the Vikes' lead to one after the half with a breakaway goal by Sarah Penner, making the score 3-2 for the Vikes. Victory was assured when Kendra Flock set up Victoria native Rachelle Armstrong to make the score 4-2.

ALEX GILLETT PHOTO

The Vikes, ranked top in the country, line up for their first game of the year against UBC.

Head coach Tracy David said that while the team took "a few lumps," she was impressed with their new talent. She singled out Rachelle Armstrong, who scored a goal despite it being her first time playing for the Vikes.

Although their offence was strong, the Vikes allowed two goals on three shots, one was a breakaway created by a Vikes turnover. The Vikes still need to "improve defensively as a team," David said.

Confidence is apparent at the beginning of the season, with people already acknowledging that the team is "doing well in defending [UVic's] national championship," said Clint Hamilton, UVic's director of athletics and recreation.

The Vikes beat the University of Manitoba 2-0 on Sept. 17. They now head on the road to Langley, Abbotsford, Saskatoon and Edmonton before back-to-back home games Oct. 6 and 7 against Trinity Western and University College of the Fraser Valley.

SPORTS BRIEFS

Vikes undefeated

The Vikes' women's soccer team continued their perfect season with a 2-0 win over the University of Manitoba Bisons on Sept. 17.

The Vikes have won all three of their games this year.

The first half went scoreless, but the Vikes broke through in the second half. Nikki Kaufmann's shot in the 49th minute was stopped by Ashley Forbes, but striker Moira Hood scored by pouncing on the rebound.

UVic added another goal in the 88th minute when Kendra Flock converted a corner kick.

Vikes keeper Kasia Gwiazda made five saves to earn her second clean sheet of the year.

Men tie UBC

A young UVic men's soccer team got a scoreless tie on the road against the defending national champions the University of British Columbia (UBC).

UBC fired 20 shots, but missed the net with 14 of them. UVic only mustered two shots on goal.

Rookie Vikes goalkeeper Daniel Kilpatrick stopped the six net shots he faced from UBC.

With the tie, the Vikes men are now 1-1-1. They have two games in Alberta before their Sept. 30 home opener.

-David Karp

maned@martlet.ca **Classifieds**

FOR HIRE

ROOF & GUTTER INSPECTION, REPAIR, REROOFING, DEMOSSING AND POWERWASHING. Call: 380-5685.

HELP WANTED

The Western Canada Wilderness Committee is now hiring canvassers. If you are a dedicated individual seeking meaningful work, contact us. Call 388-9292 or apply in person at 651 Johnson St. between 2 p.m. and 4 p.m.

SERVICES

Two wrongs don't make a write! Get an experienced editor to accept your pain at pto_edit@yahoo.ca www.pto-editing.com 250-381-8650.

Building Better Relationships Free workshops beginning Sept 26 on Tues and Thurs evenings, 7 p.m. to 9 p.m. at Dispute Resolution Centre, 108-1218 Wharf Street. Topics include Healthy Communications, Strong Emotions, Conflict Management and Successful Co-Parenting. Call 386-4331 to register.

Logo Contest
1st Prize $200+%,
2nd Prize $100+%,
3rd Prize $50+%, Others %
For more info please go to
www.robots4farms.com

ON CAMPUS

BUDDHIST MEDITATION
UVic Interfaith Chapel, Tuesdays
6:45-8 p.m. 642-7936
www.zenwest.ca

ANNOUNCEMENTS

Lucky us! Not only are the University of Victoria's Department of Writing faculty sharp teachers, they're also some of the best writers in the country. Come and hear the first-rate, switched-on original work of our very own literati. University of Victoria Department of Writing FACULTY READING Wednesday, September 27, 2006 7:00 p.m. HSD A240 Free Admission. Reception to Follow.

Jung Society lecture: John Hill Celtic Treasures: Reviewing a Cultural Heritage in a Comtemporary Context. Friday, Sept. 22, 2006 at 7:30 p.m., David Strong Building, C116. Members, $10; non-members, $15. Workshop, Sat. Sept. 23, 2006. 10 a.m. to 3 p.m. Members, $115; non-members $125. Phone 360-2040 for information.

The Malahat Review invites you our annual INFORMATION FAIR. Meet and talk with Malahat staff. SPECIAL STUDENT SUBSCRIPTION RATES. CURRENT AND BACK ISSUE SALES. SUBMISSION TIPS AND GUIDELINES. FIND OUT ABOUT BEING A VOLUNTEER. In the foyer of the Fine Arts Building. Sept. 28, 2006, 10 am to 2 p.m.

Falun Dafa (meditation) at Fernwood Community Centre, 1240 Gladstone, **Wednesdays,** 5-7 p.m. Also, **Saturdays and Sundays,** 10-noon, across from Beacon Hill petting zoo - all winter. Free, everyone welcome. 386-8805, faluninfo.net

The Victoria Gilbert & Sullivan Society is holding auditions Oct 14 & 15, for their March 2007 production of "IOLANTHE". Phone 384-6707 to book an audition time.

The Victoria Folk Music Society offers live music every **Sunday night at 7:30 p.m., 1110 Hillside.** Info: www.pacificcoast.net/~vfms

The Victoria EVENING Newcomers Club FOR WOMEN meets on the 3rd Tuesday of each month at local restaurants - reservations are required. Call Peggy at 744-1823 or Valerie at 477-8100 for more information.

THE NATIVE PLANT STUDY GROUP - Sept. Meeting Guest speaker Adam Weir of Paradise Landscapes will speak on building living roofing systems using native plants. Thursday, Sept 21, 2006 at 7 p.m., UVic, MacLaurin Bldg, Rm D-116. Non member drop-in fee: $2. For more info contact 595-5820.

Wednesday Night Peace Vigils at the Legislature 7-8 p.m. Peace ambassadors are needed to greet international visitors and to respond to current world conflict issues (including disarmament, civilian casualties, nuclear terrorism). Bring your peaceful passion and share it with vigilers from around the world. We will have been talking to Coho ferry passengers, other tourists and locals on a weekly basis since October 2001, when Canadian forces joined in support of the "humanitarian bombing" of Afghanistan. Come and witness with us the change in public opinion. Imagine: War Never Again. (477-1944)

Johnny Cash's Original Band - The Tennessee Three. Friday, Setptember 22nd, 2006. Central Bar & Grill, 708 View St. 250-361-1700. Doors 7pm - Showtime 9:30 p.m. Tickets: $28.50 Advance/ $30 Door. Available at: Lyle's Place (cash only) 250-382-8422, Central Bar and Grill 250-361-1700 & High Tide Box Office at www.hightideconcerts.net or charge by phone 250-478-1888.

VOLUNTEERS WANTED

Interested in volunteering in radio? Behind the scenes or on-air? CFUV 101.9 FM is UVic's campus/community radio station broadcasting from the campus at 2290 watts of power. We are looking for those interested in producing or helping out in regards to public affairs, native student, women or queer issues, but everyone is welcome to apply. Contact our Volunteer Coordinator, Kate Hollefreund at vol4cfuv@uvic.ca or drop by the station in the SUB, RMB006, Monday to Friday 10-5 p.m.

UVIC PRIDE VOLUNTEERS!
Meet fun folk, help out in the community, compare fashionable frippery. Staff the office, mosey to events, or just join the list serve. uvicpride@uvss.uvic.ca

Notice to students in Education, Geography or Biology: Excellent volunteer opportunities at Swan Lake Christmas Hill Nature Sanctuary. For more details email Joan at: volunteer@swanlake.bc.ca.

September is Muscular Dystrophy Awareness Month! There are 179 people in the Vancouver Island region who are registered with Muscular Dystrophy Canada (MDC). By printing the PSA in your publication, you are supporting the people in your community who have neuromuscular disorders. Your local Vancouver Island MDC Chapter will be organizing community fundraisers to raise money for research, equipment, and services for people living with neuromuscular disorders. Please support them. 1.866.MUSCLE.8 www.muscle.ca

AIDS Walk 2006 will happen on Sunday, September 26. Walkers will gather at Centennial Square (City Hall) at 10:30 am. After a few speakers, walkers will travel along Government St. to the BC Legislature. We expect to be finished around noon. If you are interested in volunteering or if you have any questions, please contact Leslie at AIDS Vancouver Island at 384-2366.

Royal BC Museum Do you have Want a fun and meaningful volunteer opportunity? THE COMMUNITY ACTION ON AIDS/VIDEA PUBLIC ART INSTALLATION is looking for help decorating flags and installing the project in August. For more information contact Chloe at craxlen@uvic.ca.

MENTORS NEEDED
Be a mentor to an elementary student. Visit 1 hr/wk at a school and play games, sports, do arts and crafts, read and other fun activities. Call 475-1117 ext. 42 or e-mail volunteer@bbbsvictoria.com.

Victoria's Food Not Bombs is searching for volunteers to help prepare, cook and clean up on Sundays. Serve your community and eat good food. 383-5144 extension 1940.

FOR SALE

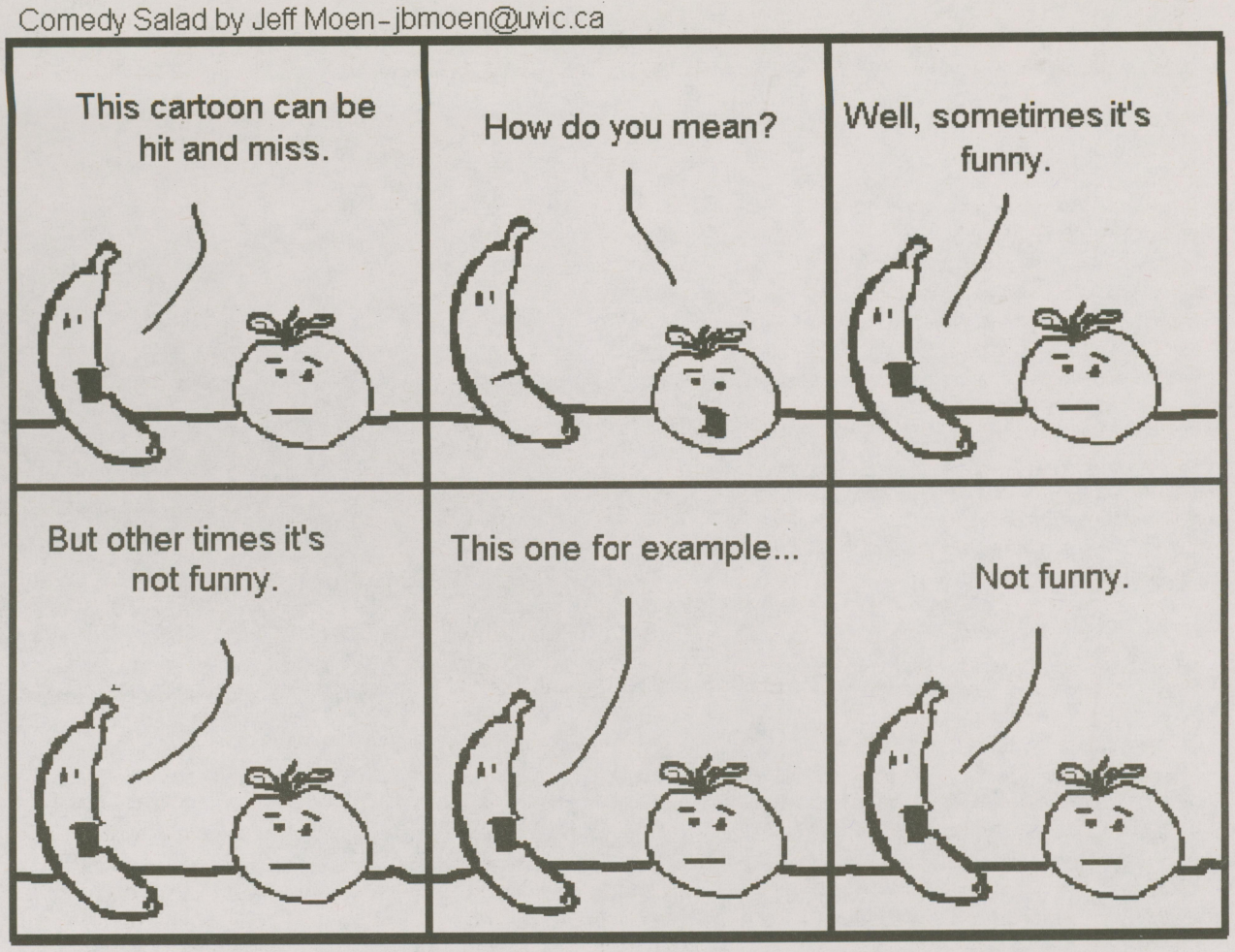
TEXT BOOKS at very reasonable prices. Economics, geography, chemistry, computer science. 385-4719.

HEY YOU

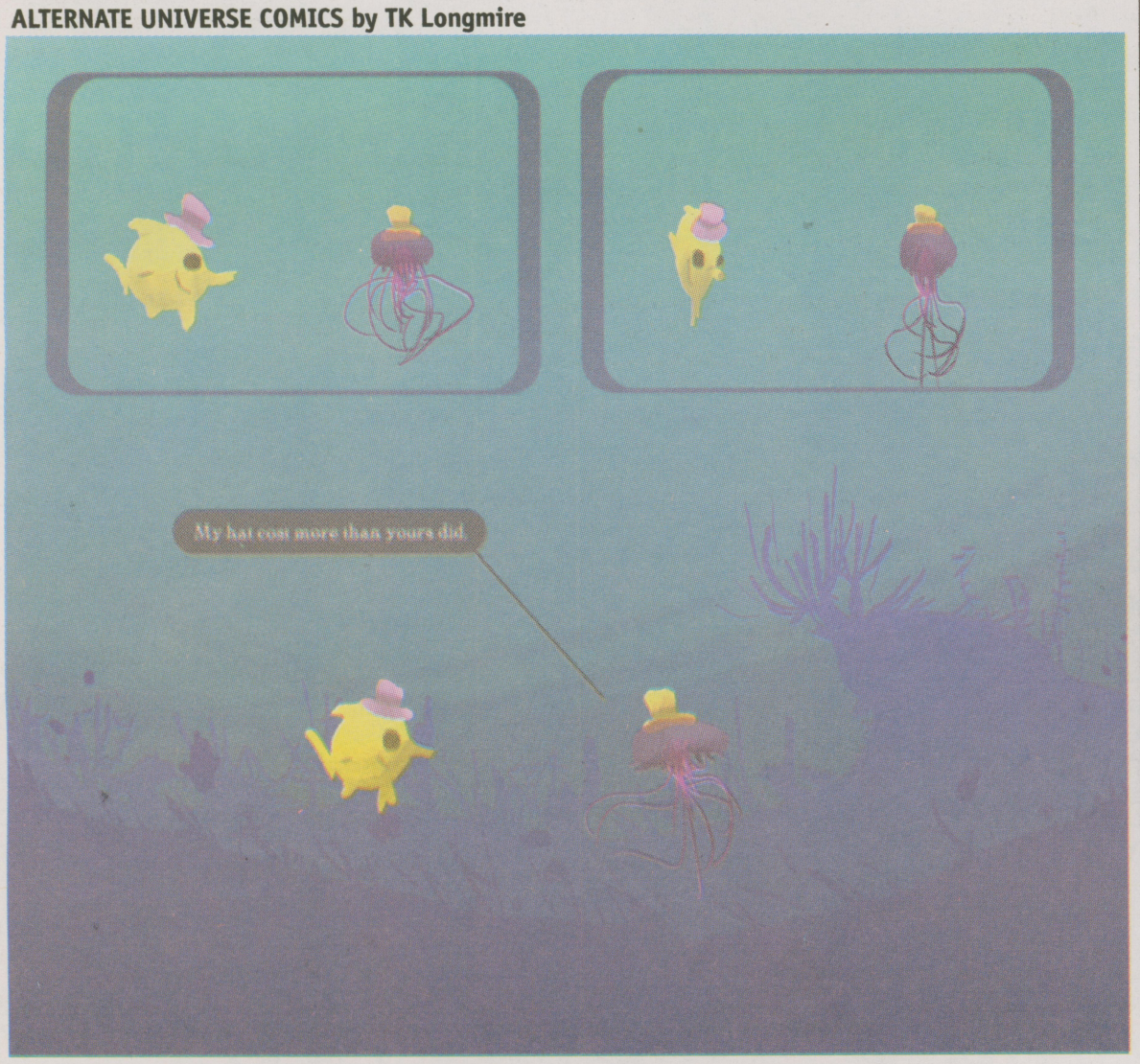
Hey Fallon, are you reading the *Martlet* yet? You should be.

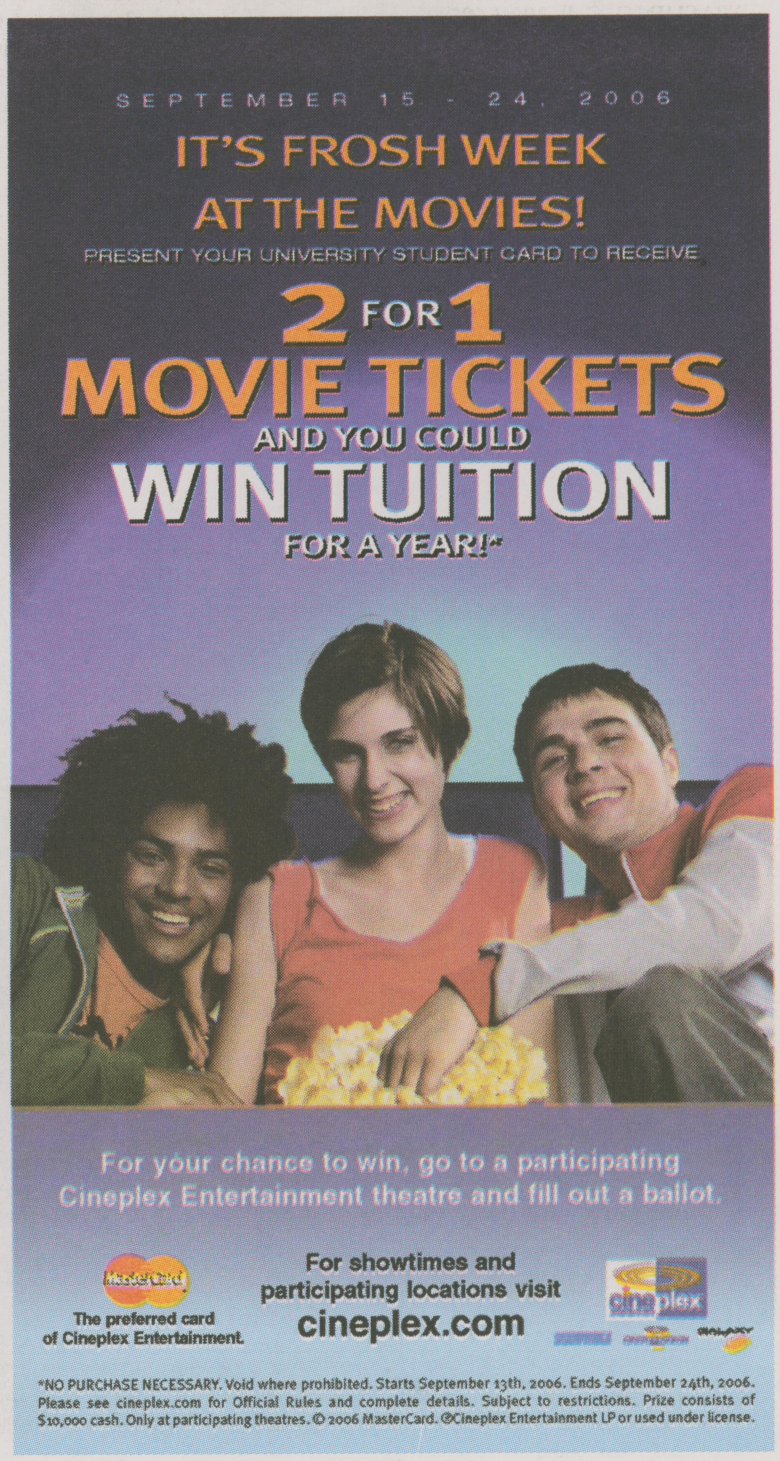
What's that smell? It's love, my dear. And your love tastes like blue cheese---And that's a buffet I don't want to eat off of. Unless it's a fine, rare cheese from France.

Comedy Salad by Jeff Moen - jbmoen@uvic.ca



ALTERNATE UNIVERSE COMICS by TK Longmire





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